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The Ukiah DAILY JOURNAL

Mendocino County's local newspaper

Tomorrow: Sunny, high mid-70s

FRIDAY
Sept. 28, 2007

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MacLeod Pappidas/The Daily Journal

Ukiah resident Ben Fillmore stands Thursday with one of three giant pumpkins that he's been growing for competition. At 500 pounds, this squash is the smallest of the three.

Pumpkins living large in Calpella

By ZACK SAMPSEL
The Daily Journal

In less than two weeks pumpkin growers from across the county will bring their epic-sized pumpkins and converge in downtown Ukiah for the Pumpkinfest Giant Pumpkin Weigh-Off. Typical with most years, the springs in the scales will be pushed to the max as growers like Ukiah resident Ben Fillmore, winner of the 2006 Weigh-Off, bring in their monster fruits.

Stepping in to Fillmore's garden at his home south of Talmage is like being in the Avenue of the Giants as pumpkin vines that look like ropes and leaves as wide as 32 inches dwarf everything. Inside the garden it's a sea of green with pepper and tomato plants sprinkled among the gargantuan pumpkin plants -- four, to be exact -- that overpower this nearly 2,000-square-foot garden.

"I really enjoy getting everything growing and waiting for the weigh-off," Fillmore said. "Every year I say I won't do it again, and then I do."

But Fillmore's hesitancy to start the process each spring isn't without justification. Fillmore, a native of Reedley, has been retired for less than 10 years, but even in retirement, the workload hasn't diminished.

For the past 10 years Fillmore has been growing giant pumpkins after accidentally stepping in to the pumpkin weigh-off during the late-'90s. He said that seeing those giant pumpkins sparked his interest, and from there he knew he wanted to start growing, but not on a small scale.

"Well, one time I happened to go up town to the Pumpkinfest and Rainbow Ag was doing their pumpkin weigh-off. I liked what I saw and decided I had to try that. After that I got some seeds and just went from there," he said.

But it was careful research, experimentation and extended conversations at local garden shops that have helped Fillmore to perfect an art 10 years in the making.

See PUMPKINS, Page A-12

Giant Pumpkin Essentials

•Land - An area of 400 square feet is what Fillmore recommends to get started.

•Seeds - Fillmore recommends you research which kinds of pumpkins will grow the biggest. He uses Giant Atlantic pumpkin seeds.

•Misting/Watering System - Watering by hand as well as misting will become crucial factors during the late-summer months, according to Fillmore.

•Compost and Fertilizer - Fillmore recommends at least 10 yards of compost to help fertilize and soften the ground before planting. Organic fertilizers, such as fish emulsion, sheep waste and seaweed are some of Fillmore's favorites.

•Shovel - A shovel will help to bury the secondary vines, which don't produce large pumpkins like the main vines. The idea is to keep the nutrients all going to the biggest pumpkins.

•Tape measure - Around mid-July a tape measure will come in handy to pick the biggest and fastest growing pumpkins.

•Time - With a process that takes nearly five months to complete, Fillmore said time and patience are two essentials in growing giant pumpkins.

•Total cost for a 20'-20' garden: $300-400

-Zack Sampsel

Wine industry waits for effect of health study

The Associated Press and Daily Journal staff



Health
new study released

The alcohol industry may be worried about a report this week that all types of alcohol — wine, beer or liquor — add equally to the risk of developing breast cancer in women.

Yet studies have shown this risk factor for years.

"This is a hugely underestimated risk factor," said Dr. Patrick Maisonneuve, head of epidemiology at the European Institute of Oncology in Italy, who was not connected to the study.

"Women drinking wine because they think it is healthier than beer are wrong," he said. "It's about the amount of alcohol consumed, not the type."

John Enquist, president and CEO of the Mendocino Winegrapes and Wine Commission said he didn't know how the report would affect business.

"It's hard to say," he said. "I'm sure we'll be hearing more about it."

See LINK, Page A-12

Fire rules lifted in NF

By BEN BROWN
The Daily Journal

With the days getting shorter, and rain predicted to be on the way, the Mendocino National Forest lifted fire restrictions today.

"We don't anticipate any large, campaign-type fires," said Assistant Forest Fire Management Officer Steve Decker

With burning restrictions lifted, national forest visitors can now have open campfires and camp stoves outside of designated campgrounds, providing they have a valid California Campfire Permit, as well as use welding equipment, operate internal combustion engines, and smoke.

Decker said all of the national forests in Northern California lifted their fire restrictions either Thursday or Friday.

"The cooler fall temperatures and some precipitation have reduced the threat of extreme fire danger, and the prediction is for more precipitation next week," said MNF Supervisor Tom Contreras.

Decker said there have been very few lightning strike fires in the forest and that firefighters attacked them quickly.

"We were able to keep the acreage down," he said.

In July and August of 2006, the Hunter Fire burned more than 16,000 acres in the national forest. The fire was started by several dry lightning strikes on July 24.

Decker also credited responsible fire-management by national forest visitors with keeping the fire danger low.

The fire season in the national forest was slow enough, that Decker said some of their firefighters spent the summer helping out elsewhere, in Plumas County, outside of Santa Barbara and on fires in Idaho and Montana.

"We've been working in other folks' back yards," Decker said.

Fire management officials stress that the Northern California fire season is not yet over.

"Larger fuels in the forest are fairly dry and the potential still exists for new fire starts," Decker said. "We ask that visitors use good fire sense and remember to never leave campfires unattended."

Visitors can get a free California Campfire Permit from any Forest Service, Bureau of Land Management or CalFire office before going out into the forest.

The permit lists requirements for clearing ground around camp fires, how to completely extinguish fires and which tools must be kept at the campfire site at all times.

Ben Brown can be reached at udjbb@pacific.net

New county CEO's first meeting Tuesday

By ROB BURGESS
The Daily Journal

SUPERVISOR'S AGENDA

Welcoming a new chief executive officer, taking action on a proposed water conservation study and the possible issuance of funds for grant application writing are all on the agenda for next week's Mendocino County Board of Supervisors meeting.

Following an hour-and-45-minute-long closed session, open session will begin at approximately 10:45 a.m. Tuesday at the County Administration Center located at 501 Low Gap Road.

After the adoption of a proclamation recognizing Domestic Violence Month in Mendocino County and Emergency Nurses Day/Week, at 11:15 a.m the board will hear a presentation of the 2006 Annual Report by the Community Development Commission of Mendocino County.

Fifteen minutes later at 11:30 a.m., the board is scheduled to consider the approval of an application to the state Community Development Block Grant Planning and Technical Assistance Program for $35,000 for Grant Application Writing and Administrative Assistance.

Beginning the afternoon session at 1:30 p.m. is a public hearing to consider an appeal of a Coastal Permit Administrator's Action of June 28, which denied William and Marcia McConnell's request to construct a 1,336-square-foot single story residence in the Irish Beach Subdivision about four miles north of the town of Manchester.

At 2:30 p.m. the board is scheduled to convene as the Mendocino County Water Agency to discuss and possibly act on the proposal to allocate $40,000 for the Mendocino County Water Conservation Programs Assessment.

Discussion on the subject was halted at this week's meeting by 1st District Supervisor Michael Delbar who invoked Rule 22.

"Any motion which by its terms calls for an appropriation or expenditure of money shall, upon request and without further action, be continued to the next regularly scheduled Board meeting," states Rule 22 of the Mendocino County Board of Supervisors Rules of Procedure.

Finishing the session at approximately 3:30 p.m. the board will recess to attend the welcome reception for Tom Mitchell, who was recently appointed as the county's new chief executive officer.

Rob Burgess can be contacted at udjrb@pacific.net.

DAILY DIGEST

Editor: K.C. Meadows, 468-3526 The Ukiah Daily Journal udj@pacific.net

The world briefly

Myanmar soldiers shoot at anti-junta protesters again

YANGON, Myanmar (AP) — Soldiers with automatic rifles fired into crowds of anti-government demonstrators Thursday, killing at least nine people in the bloodiest day in more than a month of protests demanding an end to military rule.

Bloody sandals lay scattered on some streets as protesters fled shouting "Give us freedom, give us freedom!"

On the second day of a brutal crackdown, truckloads of troops in riot gear also raided Buddhist monasteries on the outskirts of Yangon, beating and arresting dozens of monks, witnesses and Western diplomats said. Japan protested the killing of a Japanese photographer.

Daily demonstrations by tens of thousands have grown into the stiffest challenge to the ruling junta in two decades, a crisis that began Aug. 19 with rallies against a fuel price hike then escalated dramatically when monks began joining the protests.

With the government ignoring international appeals for restraint, troops fired into packs of demonstrators in at least four locations in Yangon, witnesses and a Western diplomat said. Protesters — some shouting "Give us freedom!" — dodged roadblocks and raced down alleys in a defiant game of cat and mouse with soldiers and riot police that went on for most of the day.

Democrats say company sent team unprepared into Fallujah battle

WASHINGTON (AP) — Blackwater USA triggered a major battle in the Iraq war in 2004 by sending an unprepared team of guards into an insurgent stronghold, a move that led to their horrific deaths and a violent response by U.S. forces, says a congressional investigation released Thursday.

The private security company, one of the largest working in Iraq and under scrutiny for how it operates, also is faulted for initially insisting its guards were properly prepared and equipped. It is also accused of impeding the inquiry by the Democratic staff of the House Oversight and Government Reform Committee.

The results of the staff inquiry come less than a week before Erik Prince, a former Navy SEAL and Blackwater's founder, is scheduled to testify before the committee, which is chaired by Rep. Henry Waxman, D-Calif., a longtime critic of Blackwater.

The March 2004 incident involving Blackwater was widely viewed as a turning point in the Iraq war after images of the mutilated bodies of the four guards were seen around the world. Four days after the Blackwater guards were killed, a major military offensive, known as the Battle of Fallujah, began.

The combat lasted almost a month in Fallujah, which is 40 miles west of Baghdad. At least 36 U.S. military personnel were killed along with 200 insurgents and an estimated 600 civilians, the congressional investigation found.

Gates says likes Army's $3B force expansion plan

WASHINGTON (AP) — Defense Secretary Robert Gates said Thursday he's inclined to approve an Army proposal to spend nearly $3 billion extra to accelerate the expansion of its active-duty force.

Army Secretary Pete Geren said speeding up the growth of the force, stretched thin by wars in Iraq and Afghanistan, would mean recruiting faster and increasing the number of soldiers who re-enlist.

"I'm probably going to recommend they go ahead and give it a try," Gates told reporters at a Pentagon news conference. Appearing with Gates was Gen. Peter Pace, the chairman of the Joint Chiefs of Staff who is retiring on Monday after 40 years in the Marine Corps.

The defense secretary cautioned that he would not accept any sped-up expansion of the Army that would lead the Army to lower its recruiting standards, including levels of education required.

"I'm inclined to approve it," Gates said. "My questions have focused principally on whether they can do it, in terms of recruitment and whether they can do so without lowering standards and, in fact, to begin to move back toward the high standards of not too many months ago."

Obama campaign seeks distance from wife's words

DES MOINES, Iowa (AP) — The campaign of Democrat Barack Obama moved quickly Thursday to dampen any expectations raised by Michelle Obama who said this week that her husband has to win Iowa.

Most polls in Iowa show the Illinois senator in a tight race with Sen. Hillary Rodham Clinton and John Edwards. During a visit Wednesday to Davenport, Iowa, Michelle Obama commented on the importance of a strong showing in the caucuses.

"Iowa will make the difference," she said. "If Barack doesn't win Iowa, it is just a dream. If we win Iowa then we can move to the world as it should be. And we need your help in making that happen."

Typically, meeting expectations in Iowa is nearly as important as who actually wins, so candidates are careful about their public comments on the importance they place on a victory.

On Thursday, Obama's campaign made it clear that they were optimistic about their chances in Iowa but didn't consider it essential that they win.

Bush says reduce airline delays

WASHINGTON (AP) — President Bush promised on Thursday to take steps to reduce air traffic congestion and long delays that have left travelers grounded. "Endless hours sitting in an airplane on a runway with no communication between a pilot and the airport is just not right," he said.

Bush met in the Oval Office with Transportation Secretary Mary Peters and acting Federal Aviation Administrator Bobby Sturgell. The president urged Congress to look at legislation to modernize the FAA, and instructed Peters to report back to him quickly.

"We've got a problem," Bush said. "We understand there's a problem. And we're going to address the problem."

After the meeting, Peters told reporters she is asking airlines to meet to formulate a plan to improve scheduling at New York's John F. Kennedy International Airport, one of the nation's busiest. If no solution is found, she said, the department is prepared to issue a scheduling reduction order.

Teen in Jena 6 case released on bail

JENA, La. (AP) — A black teenager whose prosecution in the beating of a white classmate prompted a massive civil rights protest here walked out of a courthouse Thursday after a judge ordered him freed.

Mychal Bell's release came hours after a prosecutor confirmed he will no longer seek an adult trial for the 17-year-old. Bell, one of the teenagers known as the Jena Six, still faces trial as a juvenile in the December beating.

FUNERAL NOTICES



ALEXIS MORTICIA FREEMAN

Alexis Morticia Freeman age 15, beloved daughter, sister, niece and granddaughter, passed away unexpectedly on September 25, 2007 at the Ukiah Valley Medical Center.

She was born February 19, 1992, in Ukiah, California, to June Feliz of Coyote Valley and David Freeman, Sr., of Round Valley. Alexis was a lifelong resident of Coyote Valley. At her young age, she loved her cats and wanted to be a veterinarian. She enjoyed writing poems, had a great interest for InuYasha animated cartoons. She loved her brother dearly and cared for all her younger cousins, whom she sat after often.

Survivors include her parents June Feliz of Coyote Valley, David Freeman, Sr., of Round Valley, Brothers Necho and David Freeman, Jr., of Coyote Valley, Grandfather Necho Feliz of Redwood Valley. She is also survived by numerous Aunts and Uncles, cousins and friends of both Coyote Valley and Round Valley.

She is preceded in death by her Grandmothers, Gertrude Feliz of Coyote Valley and Barbara Freeman of Round Valley.

Viewing is scheduled to begin on Friday, September 28, 2007, at 11:00 AM, at the Coyote Valley Gymnasium at the Coyote Valley Reservation, 7751 North State Street in Redwood Valley. Funeral Services are scheduled to commence on Saturday, September 29, 2007, at 1:00 PM at the Coyote Valley Gymnasium at the Coyote Valley Reservation. Pallbearers include: Richard Feliz, Jr., David Freeman, Jr., Nathan Feliz, Levi Feliz, Shy Martinez, John Feliz, Jr., Javier Pineda and Ronnie Hoel, Jr. Burial will be at the Coyote Valley Cemetery at the Coyote Valley Reservation immediately following the funeral services.

Arrangements are under the direction of the Eversole Mortuary



STANLEY OLIVER SKAGGS

In loving memory of Stanley Oliver Skaggs. November 7, 1924— September 25, 2007 and Betty Lou Skaggs September 17, 1938—June 19, 2003.

We wish to honor you, your marriage of 48 years and your loving example as parents and grandparents. We will cherish the many wonderful memories. Your love for the Lord was lived out as stated in Micah 6:8 "He hath shewed thee O Man, what is good; and what doth the LORD requires of thee, but to do justly and to love mercy, and to walk humbly with thy God?"

We remember your dedication to your family and serving others, Dad in the military during WWII and Mom's many hours of volunteer work with youth and seniors.

Survived by three daughters, three son's in law and three grandchildren: Jon and Sue Burton of Ukiah, Tom, Debbie, Craig and Nathan of Corvalis Oregon and Doug, Linda and Kaitlin of Sacramento, CA.

Grave side services will be held Friday, September 28 at 3pm at Russian River Cemetery. Arrangements and care under the direction of Eversole Mortuary.

POLICE REPORTS

The following were compiled from reports prepared by the Ukiah Police Department. To anonymously report crime information, call 463-6205.

ARREST -- Donna Drummond, 45, of Ukiah, was arrested on suspicion of child endangerment in the 300 block of Leslie Street at 7:02 p.m. Wednesday.

ARREST -- Julie Legendre, 23, of Ukiah, was arrested on suspicion of child endangerment and use of a controlled substance in the 700 block of East Perkins Street at 9:01 p.m. Wednesday.

The following were compiled from reports prepared by the Fort Bragg Police Department.

PROBATION CHECK -- Fort Bragg Police Officers, working with members of the Mendocino County Multi-Agency Gang Suppression Unit conducted probation checks at the homes of several juvenile offenders and made six-arrests Wednesday night.

According to police reports, two of the juveniles were arrested and booked into juvenile hall on drug charges and for probation violations. The other four were cited for misdemeanor probation violations and released into the custody of their parents.

SHERIFF'S REPORTS

The following were compiled from reports prepared by the Mendocino County Sheriff's Office:

BOOKED -- Sharon Lee Dewing, 49, of Pleasant Hill, was booked into jail on suspicion of possession of paraphernalia, second degree burglary, knowingly receiving stolen goods, grand theft property, providing false evidence and officer, being under the influence of a controlled substance, providing a police with false identification by the Mendocino County Sheriff's Office at 2:23 p.m. Wednesday.

Those arrested by law enforcement officers are innocent until proven guilty. People reported as having been arrested may contact the Daily Journal once their case has been concluded so the results can be reported. Those who feel the information is in error should contact the appropriate agency. In the case of those arrested on suspicion of driving under the influence of an intoxicant: all DUI cases reported by law enforcement agencies are reported by the newspaper. The Daily Journal makes no exceptions.

CORRECTIONS

The Ukiah Daily Journal reserves this space to correct errors or make clarifications to news articles. Significant errors in obituary notices or birth announcements will result in reprinting the entire article. Errors may be reported to the editor, 468-3526.

LOTTERY NUMBERS

DAILY 3: Afternoon: 6, 8, 1. Evening; 2, 3, 7.

FANTASY 5: 06, 09, 15, 16, 26.

DAILY DERBY: 1st Place: 09, Winning Spirit. 2nd Place: 03, Hot Shot. 3rd Place: 07, Eureka. Race time: 1:48.02.

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What's Playing

FRIDAY

DJ DANCE MUSIC -- DJ dance music; with Smokin' Joe; Perkins Street Lounge; 228 E. Perkins St., Ukiah; 9 p.m.

PATO BANTON & THE MYSTIC ROOTS BAND -- Reggae; Ukiah Brewing Co.; 102 S. State St., Ukiah; 10 p.m.; $20 advance, $22 day of; 468-5898.

KIM MANNING, A.K.A 'PEACHES' -- Funky/groovin' rock; Shanachie Pub; 50 S. Main, Willits; $5 cover; 9 p.m.; 459-9194.

JIM & PAULINA -- Live music, great sounds; Himalayan Café; 1639 S. State St., Ukiah; 6:30 to 9 p.m.; 467-9900.

T.J. ELTON AND THE FELT-TIPS -- Country dance party; Club 7-11; 711 S. State St., Ukiah; 9:30 p.m.; No Cover; 462-7114.

CHEMYSTRY SET -- World beat music; Ukiah Brewing Co.; 102 S. State St., Ukiah; 9:45 p.m.; $5 cover; 468-5898.

SATURDAY

DJ DANCE MUSIC -- DJ dance music; with Smokin' Joe; Perkins Street Lounge; 228 E. Perkins St., Ukiah; 9 p.m.

THE BLUE SKY BAND -- Variety dance music; Ukiah Senior Center; Bartlett Hall; 495 Leslie St., Ukiah; 7 to 10 p.m.; $8 for members, $9 for non-members; adults 18 and over welcome.

KARAOKE -- Live entertainment; Yokayo Bowl; 1401 N. State St., Ukiah; 7 to 11 p.m.; no cover; 462-8686.

PURA VIDA -- Afro Cuban dance ; Ukiah Brewing Co.; 102 S. State St., Ukiah; 9:45 p.m.; $8 cover; 468-5898.

CAMENAE --Traditional instrumental music; Ukiah Farmers' Market; School and Clay St., Ukiah; 9 a.m. to noon; 463-7765.

THE DIRT FLOOR BAND -- Gypsy Grass Music; Mongolian Herdsmen opening; Shanachie Pub; 50 S. Main, Willits; $5 cover; 9 p.m.; 459-9194.

T.J. ELTON -- Up-beat and classically fun music; Himalayan Café; 1639 S. State St., Ukiah; 6:30 to 9 p.m.; 467-9900.

PAULA SAMONTE & FRIENDS -- Suite jazz, sultry blues, and swing; Rescheduled; Final Acoustic Café; 745 N. State St., Ukiah; donations appreciated; 462-8863.

MONDAY

MICROPHONE NIGHT -- Sing or play an instrument; Club 711; 711 S. State St., Ukiah; 9 p.m. to 1 a.m.; 462-7111.

TUESDAY

KARAOKE -- Every Tuesday; Perkins Street Lounge; 228 E. Perkins St., Ukiah; 8 p.m.; free.

TAHITIAN DANCE -- Every Tuesday night; Mendocino Ballet Studio; 205 S. State St.; Ukiah; ages 11 to 99; 5:30 to 6:30 p.m.; $8 to $11.

WEDNESDAY

ADAM'S CENTER STAGE KARAOKE -- Karaoke night at Yokayo Bowl; 1401 N. State St., Ukiah; 7 to 11 p.m.; family hours 6 to 8 p.m.; no cover; 462-8686.

LADIES NIGHT -- Nepalese dance and music by Rai family; Himalayan Café; 1639 S. State St., Ukiah; 467-9900.

OPEN MIC NIGHT -- Open Mic; Ukiah Brewing Co.; 102 S. State St., Ukiah; 8:30 p.m.; free; 468-5898.

Miss California comes home

Special for the Journal

Melissa Chaty, Miss California 2007 was honored Saturday evening at Barra of Mendocino with a dinner reception attended by more than 200 dignitaries, family members, community sponsors, and State pageant staff from around the state.

The guests enjoyed Mendocino County wines donated for the occasion and a buffet dinner prepared by the Potter Valley Café. Decorations were coordinated by John Bogner including a large crown over the stage, balloon bouquets, and beautiful floral table decorations donated by Petals For Your Thoughts. As a keepsake, guests received pink candle champagne flutes etched with Melissa's name and title as well as the Miss America crown. Guests were asked to light the candles on January 26th as the Top 10 are announced at Miss America which will be televised on TLC.

Verna Jacobs, executive director for the Miss Mendocino County, Miss North Coast and Miss Northern Counties Scholarship Organization, welcomed guests. The Invocation was given by Reverend Rich Frazer, and the emcee for the evening was Tony Moises. Melissa received Proclamations or Certificates of Appreciation from Mari Rodin, Mayor, City of Ukiah; Michael Delbar, 1st District Supervisor on behalf of the Mendocino County Board of Supervisors; Kathy Kelly representing Senator Wiggins and Assemblywoman Patty Berg; and Heidi Dickerson, representing Congressman Mike Thompson.

Entertainment for the evening included vocals by Lauren Berlinn, Miss Lake County Outstanding Teen and Michelle Woll, Miss Mendocino County 2000. Amanda Betat, Miss Lake County 2008, and Sarah Ramming, Miss Sonoma County 2007 (Miss Mendocino County 2005) played the piano. Meaghan Swinney, Miss Tulare County 2007 presented a beautiful lyrical dance. Brooke Ingram, Redwood Empire's Outstanding Teen was ill and unfortunately unable to sing.



Melissa Chatty, Miss California 2007

A special guest that evening was "Miss Texas" portrayed by Lauren Howard, Miss Placentia 2007, who was there to demonstrate why she has all the tools to win the Miss America crown, including her platform, "The Importance of Ketchup and Lycopene." She also shared her talent, Hip-Hopera, a combination of hip-hop and opera, which brought down the house. In anticipation of the swimsuit competition, she then presented Melissa with a gift, a box of Twinkies.

Other presentations included Nicole Honaker, Miss Northern Counties 2007, who gave her perspective on things as Melissa's roommate at Miss California. Gwen Adkins, Northern Field Director, and Kathi Baldwin of the Miss California Preliminary Pageants Association also made presentations.

Verna Jacobs next reminisced about a dream that began in 2002 when Melissa won the Miss Mendocino County title at the age of 17. Sandy Bryan, Melissa's Executive Director of the Miss Ventura County program, also shared her thoughts when Melissa was 4th runner up to Miss California in 2006. Verna touched on the excitement of family and friends who celebrated Melissa's crowning as Miss California 2007 in June. It is anticipated that more than 200 family and friends will attend the Miss America Pageant in Las Vegas January 22-26 to support Melissa as she competes for the Miss America crown.

Verna also thanked Charlie and Martha Barra of Barra of Mendocino, John Bogner, Dirk and Patti Wunderlich, Petals for Your Thoughts, Richard Higgenbottom of Mendocino Redwoods, Dr. and Mrs. Bob Tandy; Les and Priscilla Ryan and family, and Dennis and Carol Thurston and family for supporting Melissa for the last several years. A special thank you was also extended to all Mendocino County businesses and individuals who have supported the local program and making it No. 1 in the nation for scholarships awarded for five years running. Verna also recognized the many committee members who assisted her and Priscilla Ryan with the program over the last 27 years, and thanked Priscilla and Glennys Simmons for helping plan the Homecoming event.

Robert Arnhym, President and CEO of the Miss California Scholarship Organization spoke about watching Melissa grow into the woman she has become and thanked Mendocino County for all the outstanding contestants we send to the Miss California Program. He also acknowledged Melissa's parents, Dennis and Karen Chaty, and spoke of his hopes for the Miss America Program.

During the evening Melissa performed In His Eyes, Falling In Love With Love, and If I Loved You for which she received a standing ovation. She concluded the evening by expressing her heartfelt thanks to the state staff, her many pageant friends in attendance, Verna and Ray Jacobs, the Miss Mendocino County Scholarship Committee, and her parents and extended family for their support in pursuing her goal of competing at Miss America. Melissa was presented with a set of luggage from the guests which she will use as she travels to Los Angeles in November to tape promo's for the Miss America competition and then to Las Vegas in January.

Good luck messages (no flowers please) can be sent to Melissa while at the Miss America competition (mail early): Miss California, Melissa Chaty, Planet Hollywood Hotel, 3667 Las Vegas Blvd. South, Las Vegas, NV 89109. To order package tickets for all preliminaries and the final show contact Verna Jacobs at 462-2025. Single tickets can be purchased through Ticketmaster and should be available early December.

In war and peace



Looking about
By Carole Hester

In God We Trust . . . We are at war. There has been war on poverty. War on illiteracy. War on disease. This appeared in Joseph L. Galloway's column (McClatchy Newspapers) and is well worth the read.

Over the last 12 months, 1,042 soldiers, Marines, sailors and Air Force personnel have given their lives in the terrible duty that is war. Thousands more have come home on stretchers, horribly wounded and facing months or years in military hospitals.

Army Lt. Col. Robert Bateman, who recently completed a year-long tour of duty in Iraq, is now at the Pentagon. Here are excerpts from Lt. Col. Bateman's account of a little-known ceremony that fills the halls of the Army corridor of the Pentagon with cheers, applause and many tears every Friday morning. It first appeared on May 17 on the Weblog of media critic and pundit Eric Alterman at the Media Matters for America Web site.

"It is 110 yards from the 'E' ring to the 'A' ring of the Pentagon. This section of the Pentagon is newly renovated; the floors shine, the hallway is broad, and the lighting is bright. At this instant the entire length of the corridor is packed with officers, a few sergeants, and some civilians, all crammed tightly three and four deep against the walls. There are thousands here.

"Everyone shifts to ensure an open path remains down the center. The air conditioning system was not designed for this press of bodies in this area. The temperature is rising already. Nobody cares.

"10:36 hours: The clapping starts at the E-Ring. That is the outermost of the five rings of the Pentagon and it is closest to the entrance to the building. This clapping is low, sustained, hearty. It is applause with a deep emotion behind it as it moves forward in a wave down the length of the hallway.

"A steady rolling wave of sound it is, moving at the pace of the soldier in the wheelchair who marks the forward edge with his presence. He is the first. He is missing the greater part of one leg, and some of his wounds are still suppurating. By his age I expect that he is a private, or perhaps a private first class.

"Captains, majors, lieutenant colonels and colonels meet his gaze and nod as they applaud, soldier to soldier. Three years ago when I described one of these events, those lining the hallways were somewhat different. The applause a little wilder, perhaps in private guilt for not having shared in the burden. Yet.

"Now almost everyone lin-

See LOOKING, Page A-8

COMMUNITY BRIEFS

Deadline for Miss Mendocino County 2008 scholarship program is Nov. 1

The Miss Mendocino County Scholarship Program is now taking applications for qualified applicants for the 2008 Miss Mendocino County Scholarship Program to be held Jan. 12, 2008. Scholarships in excess of $25,000 have been awarded the past five years to the contestants running for this prestigious title and the honor of representing Mendocino County in the Miss California Scholarship Program next June, a preliminary to the Miss America Scholarship Program.

Applicants are judged in categories of Talent, Personal Interview Skills, Physical Fitness, Evening Gown and On Stage Question during the Scholarship Program, which will be held at Ukiah High School. Community service is of utmost importance in the Miss America system as well.

Young women between the ages of 17 and a high school senior and 24, who reside in Mendocino County, attend college with parental residency in Mendocino County or who work and have lived in the county for six months are eligible provided they meet the guidelines of the Miss America Program.

Program staff urge applicants to contact Verna Jacobs, Executive Director prior to the Nov. 1 deadline, so that all paperwork can be filled out before that date. Each young woman competing in the program is guaranteed a scholarship in varying amounts according to their placement.

For more information, or an application package contact Verna Jacobs, Executive Director at 462-2025.

Hospice of Ukiah to host grief information meeting on Nov. 5

"Getting Through the Holidays" is the theme of a gathering for those who could use help facing Thanksgiving, Christmas, Chanukah, New Years, anniversaries, birthdays and other holidays after the loss of someone dear to them.

Sponsored by Hospice of Ukiah and open to the public without charge, this 2-hour meeting will convene on Nov. 5 from 7 to 9 p.m. at the Hospice of Ukiah office at 620 S. Dora, Suite 101. Tools and suggestions will be shared for how to lessen anticipated pain and use the holiday as a time for healing.

People are welcome to come to this evening as a one-time event or as the first session in a series of seven weekly meetings of a new Grief Recovery Support Group starting Nov. 5 and running through Dec. 17.

The group will meet on successive Monday evenings from 7 to 9 p.m. at the Hospice of Ukiah office at 620 S. Dora Street., Suite 101.

The series is open to any adult who is grieving a death. This is an opportunity to express feelings of loss in a safe atmosphere and to learn information and techniques for moving through the bereavement process. The group is educational as well as supportive. Each week focuses on different aspects of the grieving process, and includes helpful written handouts to take home as well as suggested exercises to work on during the week.

What's "normal" when you are grieving? How do people handle feeling depressed, stuck, angry, guilty, and stress? How can memories be healing and not just painful reminders? What's the best way to approach upcoming holidays and anniversaries?

Simply committing to coming to the Grief Group once a week and being with others going through a similar experience can be an important component of moving forward into one's new life without the person who has died.

There is no charge for participation in the group. Hospice of Ukiah, Inc., is a volunteer hospice supported by donations which are always welcome. For more information and to register, call 391-8013.

S.W.A.T. to run pink lemonade stand every weekend through Sept. 28

Survivors Walking and Talking will be holding a fundraiser at Safeway every weekend through Sept. 28, from 11 a.m. to 6 p.m. Their "Squeeze Out Breast Cancer" pink lemonade stand will benefit the Susan G. Komen 3-day Breast Cancer Walk, 60 miles in 3 days.

For more information, call Sheila at 468-1279.

Mendocino Sheriff's Department offering community karate classes

The Sheriff's Youth Activities League Karate Program is teaching "Free" Youth, Teen and Adult Karate Programs in Ukiah, Willits and Hopland this fall.

They will take place at the Redwood Health Club at 3101 S. State St., Ukiah on Wednesday nights at 5:30 p.m. and Sunday afternoons at 2 p.m.; the Body Works Gym in Willits at1511 S. Main St. on Tuesdays and Thursdays, at 6:15 p.m.; and the Shorin-ryu Dojo in Hopland, Monday and Wednesdays at 4:30 p.m.

The classes are co-ed, for ages five and up. Membership in the fitness clubs is not required to attend those classes. SAL membersip/insurance dues are $5 annually. Registration will be available at the classes.

For more information, call the SAL voice mail at 468-4288.

Redwood Valley Community Market to meet Sunday mornings

There will be fresh coffee and live music, fresh flowers, local produce, and crafts at the Redwood Valley Community Market. The market meets every Sunday, from 9:30 a.m. to 1 p.m., through October at the Lion's Club Park on East Road in Redwood Valley.

FORUM

Editor: K.C. Meadows, 468-3526 The Ukiah Daily Journal udj@pacific.net

Letters from our readers

Forgotten people need our help

To the Editor:

A letter to the editor: No, but to Mr. William Russell, thank you for finally taking notice of the invisible people. Those are Ronnie's children, when he closed nearly all the mental hospitals and released people to go to the streets, this is like turning little children loose in this world. They do not have the knowledge of how to take care of themselves. They can't work, as they do not know how to go about getting a job.

Yes, they are invisible people who are out there fending for themselves.

This country needs to open mental hospitals again. The public says it's too much of a burden on the taxpayers (duh), what do you suppose it's costing us now to help these unfortunate people. It is not their fault. They are someone's children and somewhere they have family. Don't ignore it, as it won't go away. They need help and to know that someone cares. God loves them, and they are his creations also. So get your eyes focused on the real world and try and do something about these forgotten people.

B. J. Goins
Ukiah

Distortion of the facts

To the Editor:

Four years ago Bush sent General Colin Powell to the U. N. to make a trumped-up case for war. Now Bush is using General Petraeus to say the surge is working. This is another trumped-up case for continuing the invasion. This is the bloodiest summer yet for our troops. More troops died every month of this year compared to the same month last year.

Majorie Brawthen-Chiarito
Ukiah

Thank you

To the Editor:

I, Robin Laughlin, on behalf of our team S.W.A.T. (Survivors, Walkers and Talkers) would like to give a "Big Thank You" to our community at large for the support and generous donations that were obtained at our car wash that was held at Rite-Aid in July.

The car wash fundraiser was held to help our team in reaching our goal for the 3 Day Breast Cancer Walk in San Diego, 60 miles over 3 days.

A special thank you to Rite Aid, Peggy Chappel, Sherri Meeker, Tonya Still, Peggy Smith, Natalie Monogue, and my family, for helping make this car wash a success.

Robin Laughlin
Redwood Valley

Hemp bill would be a win

To the Editor:

I admit it: I am excited. Thursday, Sept. 13, on the front page of the UDJ was an article which seems to be an answer to the county's hopes and prayers. From the talk I've heard, we, the people of Mendocino County, want jobs which pay a wage you can raise a family on, want housing which is affordable, want to keep the county rural. What we don't want is traffic, congestion, stress, noise, mega malls, rubber stamp homes, and a bedroom community where wages are earned outside of Ukiah, and often shopping, with the exception of convenience food, is purchased in the town of employment.

The article said that the California Senate, with Assembly Bill 684, approved the growing of industrial hemp in four counties. Mendocino is one of those four.

The artilce indicated that industrial hemp can be made into numerous items, including food, clothing, paper, body-care products, bio-fuels and auto parts.

It went on to say that AB 684 would give California farmers access to a $270 million industry that is growing at the rate of $26 million a year.

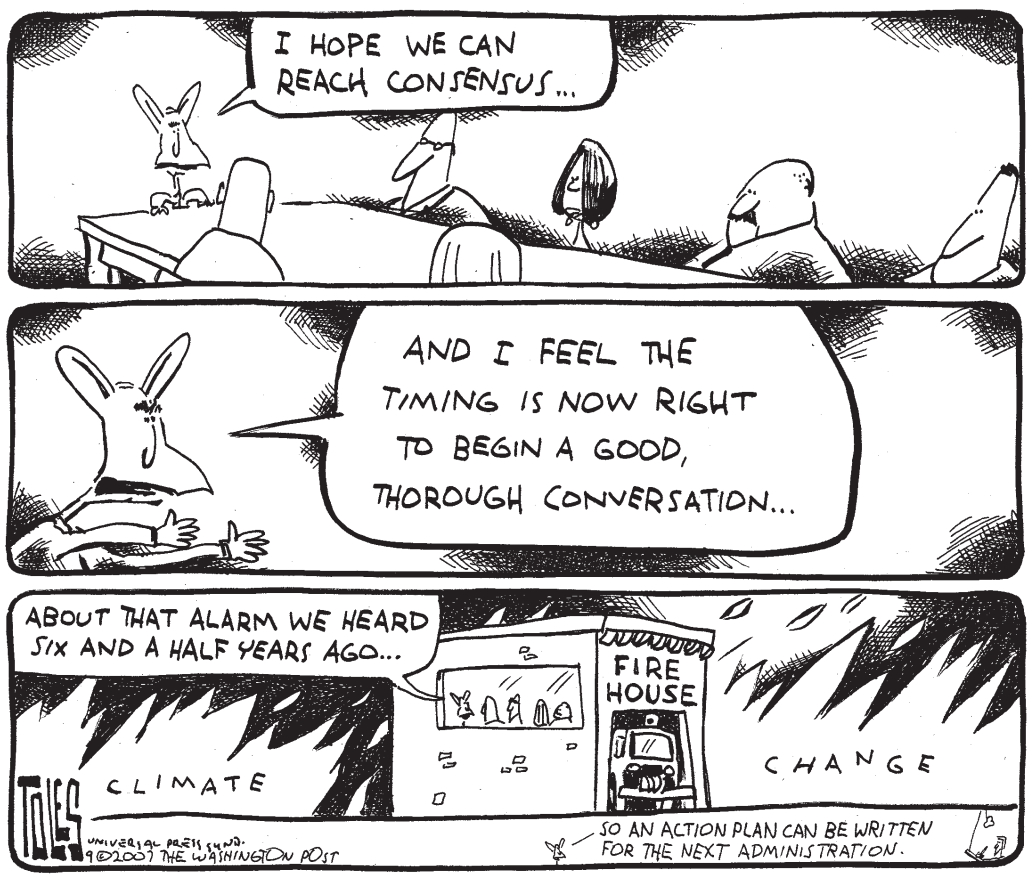
The beauty of this for Mendocino County is that we could use the Masonite site to process and change this marvelous plant to one or more of these potential products. We could make money both on the growing of hemp and the manufacture of the products. The bonus is that with the increasing cost of fuel, the farmer will be able to get his product to the market without having to travel a great distance.

What a win for everyone!

Ruth Sander
Ukiah

LETTER POLICY

The Daily Journal welcomes letters to the editor. All letters must include a clear name, signature, return address and phone number. Letters chosen for publication are generally published in the order they are received, but shorter, concise letters are given preference.We publish most of the letters we receive, but we cannot guarantee publication. Names will not be withheld for any reason. If we are aware that you are connected to a local organization or are an elected official writing about the organization or body on which you serve, that will be included in your signature. If you want to make it clear you are not speaking for that organization, you should do so in your letter.All letters are subject to editing without notice. Editing is generally limited to removing statements that are potentially libelous or are not suitable for a family newspaper. Form letters that are clearly part of a write-in campaign will not be published. You may drop letters off at our office at 590 S. School St., or fax letters to 468-3544, mail to Letters to the Editor, P.O. Box 749, Ukiah, 95482 or e-mail them to *udj@pacific.net*. E-mail letters should also include hometown and a phone number.



Animals need cuddling and walking

To the Editor:

The Mendocino County Animal Care and Control shelter at 298 Plant Road in Ukiah needs cat cuddlers and dog walkers. If you think you would derive enjoyment from being with cats or dogs, please remember these shelter animals who need a human touch.

One volunteer, me, sets aside one to two hours three days a week to either walk dogs or take them to the off leash areas at the shelter. Others work at their own schedules.

I find I get to know specific dogs, and every time one finds a home, I know I have contributed to their success story. It is worth a few hours a week. Do not even think about it being too sad. Your presence lessens the sadness. To volunteer at our local shelter, call 467-6453.

Anne Montgomery
Ukiah

Get out of Iraq

To the Editor:

Here are the critical up to date statistics on Iraq casualties: 25,000 American debilitating injuries, about a million Iraqis dead and four million refugees. Can your general deny these figures?

There is no good reason to stay in that country.

Marvin Gentz
Ukiah

Opposite point of view

To the Editor:

Now, let me see ... another "Impeach Now" letter says that calling it the "War in Iraq" gives it too much credence. It is categorized as an unwarranted attack on a peaceful sovereign nation that was not threatening us or any other country. Shouldn't the writer have added "today?" Iraq has invaded Kuwait, Iran, and attempted to practice genocide against the Kurds. I doubt a bit the statement that all factions in Iraq, Sunni, Shiite, and Kurd want America out. Shiites want America out for what reason, again? Sunni do not want America out, because they can see the Shiites practicing genocide on them. Kurds do not want America out, because they are such a minority that now they are recognized, they fear for their continued existence.

"Congress has to fund it..." Well, when you know the division of authority between the branches of the government, you know that only Congress has the right to declare war. For them to defund it later gives people a sour taste in their mouths because it yells indecision and the old "Well first I voted for it, and then I voted against it" escape excuse.

"It's all for oil" is said one more time, and that is just bullwash. America, and that includes the current administration, is dancing as fast as it can to remove its dependence on petroleum for fuel. If Republicans own more oil wells than Democrats, as the rhetoric would tell us, it would leave them open to more "parsing" or closer scrutiny, but you would still need to see facts before making an accusatory statement just based on the perceived ownership.

"The occupation of Iraq consists half of mercenaries, half of the U.S. Military..." Oh, really? Does that mean there are currently twice as many American fighting forces in Iraq as we think? I don't think so.

And finally "Traitors! Criminals! Impeach now!" Well now, if anyone is a traitor or a criminal, there are proofs, facts, findings, evidence, then and only then can impeachment be talked about. You cannot convict on suppositions, beliefs (He is Guilty!), or dislike. You really need facts and evidence. You cannot impeach and then see if you have your facts straight. There is that pesky thing known as the law that requires reality instead of innuendo.

Chas Moser
Ukiah

THANK YOU LETTER POLICY

Editor's note: The Daily Journal welcomes letters of thanks from organizations and individuals. We are glad that so many successful events are held here. However, thank you letters must be kept short. For that reason we have a 20-business name limit per letter. If your letter lists more than 20 businesses it will not be printed. Shorter thank you letters which do not contain lists of participants or donors will be printed more quickly. Those wishing to thank long lists of people and businesses are welcome to contact our advertising department for help with a thank you ad.

WHERE TO WRITE

President George Bush: The White House, 1600 Pennsylvania Ave., Washington, D.C. 20500; (202) 456-1111, FAX (202)456-2461.

Governor Arnold Schwarzenegger: State Capitol, Sacramento, 95814. (916) 445-2841; FAX (916)445-4633

Sen. Barbara Boxer: 112 Hart Senate Office Bldg., Washington, D.C. 20510; (202)224-3553; San Francisco, (415) 403-0100 FAX (415) 956-6701

Sen. Dianne Feinstein: 331 Hart Senate Office Bldg., Washington, D.C. 20510. (202)224-3841 FAX (202) 228-3954; San Francisco (415) 393-0707; senator@feinstein.senate.gov

Congressman Mike Thompson: 1st District, 231 Cannon Office Bldg, Washington, D.C. 20515. (202) 225-3311; FAX (202)225-4335. Fort Bragg district office, 430 N. Franklin St., PO Box 2208, Fort Bragg 95437; 962-0933,FAX 962-0934; www.house.gov/write rep

Assemblywoman Patty Berg: State Assembly District 1, Capitol, Rm. 2137, Sacramento, 95814. (916) 319-2001; Santa Rosa, 576-2526; FAX, Santa Rosa, 576-2297. Berg's field representative in Ukiah office located at 311 N. State St, Ukiah, 95482, 463-5770. The office's fax number is 463-5773. E-mail to: assemblymember.berg@assembly.ca.gov

Senator Pat Wiggins: State Senate District 2, Capitol Building, Room 5100, Sacramento, 95814. (916) 445-3375 Email: senator.wiggins@sen.ca.gov. In Ukiah: Kathy Kelley at 200 S. School St, 468-8914, email: kathy.kelley@sen.ca.gov

Mendocino County Supervisors: Michael Delbar, 1st District; Jim Wattenburger, 2nd District; John Pinches, 3rd District; Kendall Smith, 4th District; David Colfax, 5th District. All can be reached by writing to 501 Low Gap Road, Room 1090, Ukiah, 95482, 463-4221, FAX 463-4245. bos@co.mendocino.ca.us

Visit our web site at ukiahdailyjournal.com
email us at udj@pacific.net

From the desk of ...



GEORGE WILL

A case of pure corporate hypocrisy

Two days before Christmas in 1967, President Lyndon Johnson, visiting the Vatican, presented Pope Paul VI with a foot-high bust of Lyndon Johnson. Small choices can reveal the character of a person.

Or of an institution. Consider The New York Times' choices concerning MoveOn.org's issue advocacy ad in the Times calling Gen. David Petraeus "General Betray Us" and accusing him of "cooking the books for the White House."

Last June, the Times was in high dudgeon -- it knows no other degree of dudgeon -- about the Supreme Court's refusal to affirm a sweeping government power to suppress political speech. The court ruled that a small group of Wisconsin citizens had been improperly refused the right to run an issue advocacy ad urging the state's two senators not to filibuster the president's judicial nominees.

Because one of those senators was seeking re-election, the group's ad was deemed an "electioneering communication" -- one that "refers to" a candidate for federal office. McCain-Feingold bans such communications by corporations, including incorporated nonprofit citizens' groups, in the weeks before an election -- when the Times' editorial page is in full-throated enjoyment of speech rights it would deny to others.

Concurring with the court's judgment that the Wisconsin group's ad should have been permitted, Justice Antonin Scalia noted that although McCain-Feingold was written to prevent "corrosive and distorting effects" by entities with "immense aggregations of wealth," it actually muzzled -- with the Times' strenuous approval -- a small group of Wisconsin citizens.

Less than three months after the Times excoriated the court for weakening restrictions on issue ads, the paper made a huge and patently illegal contribution to MoveOn.org's issue advocacy ad. The American Conservative Union, under Chairman David Keene, immediately filed a complaint with the Federal Election Commission, noting that the purchaser of the ad, MoveOn.org Political Action, is a registered multicandidate political committee regulated by the mare's nest of federal laws and rules the multiplication of which has so gladdened the Times.

The Times, a media corporation that is a fountain of detailed editorial instructions about how the rest of the world should conduct its business, seems confused about how it conducts its own. The Times now says the appropriate rate for MoveOn.org's full-page ad should have been $142,000, a far cry from $65,000, which is what the group paid. So the discount of $77,000 constitutes a large soft-money contribution to a federally regulated political committee. The Times' horror of such contributions was expressed in its enthusiasm for McCain-Feingold.

FEC regulations state: "The provision of any goods or services without charge or at a charge that is less than the usual and normal charge for such goods or services is a contribution." Individuals are limited to contributing $5,000 in a calendar year; corporations such as the Times are forbidden to make any contributions.

MoveOn.org is going to send a check to the Times for $77,000. The Times has apologized, which is sweet, but normally the FEC does not accept apologies in lieu of fines. And often FEC fines are levied after intrusive investigations into motives and intentions. Will there be such an investigation of the Times? The FEC is not lenient when dealing with individuals who, less lawyered-up than The New York Times Company, fall afoul of regulations much more recondite than the bright line the Times ignored.

Bob Bauer, a Democratic lawyer specializing in laws regulating political speech, notes -- *not* approvingly -- that the Times supposedly has a policy of rejecting ads involving "personal attack" speech. But the Times accepted MoveOn.org's ad accusing a soldier of betraying his country. According to the Times' public editor, a Times official said the ad was "a comment on a public official's management of his office."

The Times' publisher, Arthur Sulzberger Jr., defending the decision to run the ad, said: "If we're going to err, it's better to err on the side of more political dialogue. ... Perhaps we did err in this case. If we did, we erred with the intent of giving greater voice to the people." Bauer notes that Sulzberger might have used words from a Supreme Court decision: "In a debatable case, the tie is resolved in favor of protecting speech." And: "Where the First Amendment is implicated, the tie goes to the speaker, not the censor." So spoke Chief Justice John Roberts in the Wisconsin decision that Sulzberger's paper denounced because it would magnify the voices of, among other things, "wealthy corporations." The Times Company's 2006 revenues were $3.3 billion.

The Times' performance in this matter confirms an axiom: There can be unseemly exposure of mind as well as of body.

George F. Will writes for more than 450 newspapers and Newsweek and appears as a political commentator on ABC.

The Ukiah DAILY JOURNAL

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COMMUNITY BRIEFS

‘Eat Smart, Play Hard.’ children’s day at the Farmers’ Market on Sept. 29

Ukiah’s Saturday Farmers’ Market has provided an opportunity for local farmers to distribute fresh produce to community members for the past 30 years. More recently, the Farmers’ Market concept of providing healthy food choices has been geared toward children on a monthly basis. This summer, child health-related activities were provided on one day each month at the Saturday Farmers’ Markets. The largest of these events, titled “Eat Smart, Play Hard.” is yet to come, and will take place this Saturday, Sept. 29 at the Alex Thomas Plaza. Local organizations representing many aspects of child health will join together at the event to provide children of the community with interactive fun and games as well as information on how to stay healthy,

FIRST 5 Mendocino will provide physical activity games and information on how to stay active, in conjunction with Ukiah Unified School District Nutrition-Gardening Project and 4-H Program with UC Extension.

An event like “Eat Smart. Play Hard,” provides an opportunity for children to partake in fun activities and learn more about the foods that are good for them in a community-based setting. It has been shown that children introduced to healthy foods at a young age are more likely to maintain healthy eating habits throughout their lives.

By exposing children to healthy behaviors at a young age, we are hoping to instill these habits and provide them with the long and healthy lives they deserve.

Volunteers needed for National Public Lands Day at Lake Mendocino Sept. 29

With an average of 1 million visitors a year, even the most careful visitors make an impact on the facilities and environment at Lake Mendocino. Here is a great opportunity for the public to help make a difference. Volunteers from community groups, Scout troops, individuals, and families can join together as part of the 14th annual National Public Lands Day on Saturday, Sept. 29.

Volunteer registration will take place from 7:30 to 8:30 a.m. at the Mesa Day Use Area on the north end of Lake Mendocino. Volunteers will participate in service projects from 8:30 a.m. to noon. There are service projects available for all skills and interests. At noon, a free raffle and lunch will be provided for all volunteers, with prizes and food donated by local businesses.

The first 100 people to register in the morning will receive a free National Public Lands Day baseball hat. All volunteers will also receive a coupon good for one free night of camping at Lake Mendocino and a free entry pass, good for one year, for park and recreation areas operated by National Park Service, US Army Corps of Engineers, Bureau of Land Management, US Fish and Wildlife Service, and the US Forest Service.

The park requests that volunteers bring gloves, eye protection and tools if they have them. To get to the Bushay Campground/Mesa Day-Use Area, take Highway 20 East from Highway 101, approximately 4 miles. Just after the bridge, take the first left, and follow the road under the bridge, along the river to the Mesa Day Use Area. For more information, or to register to become a volunteer, call Laura Smith at the Lake Mendocino park office at 462-7581 ext. 33.

Willits Lions Club to hold a pancake breakfast on Sept. 30

The Willits Lions Club will again be holding another of their “World Famous” pancake breakfasts on Sunday, Sept. 30, from 8 a.m. to 11 a.m.

The breakfast features old time sourdough pancakes, scrambled eggs, ham, orange juice, coffee and milk.

The breakfast will be held at the Little Lake Grange Hall located at the corner of School and Pine Streets. The price will be $6 for adults, and $4 for children under 12 years of age. Proceeds from this great event are used to help fund the various community projects the Willits Lions contribute to.

Willits Water Wisdom presentation set for Oct. 3

Willits Water Wisdom will present a discussion by Brock Dolman, director of the OAEC’s Water Institute on Oct. 3, at 6:30 p.m. The presentation, titled “The Future of Water: Thinking Like a Watershed,” will take place at the Willits Grange, on 291 School St. Dolman will be talking about how biologically diverse ecosystems depend on intact watersheds, and how this relates to human development patterns and ecological restoration.

New beginners line dancing class set to start on Oct. 4

On Thursday, Oct. 4, a new beginners country western line dancing class will begin at the senior center, 499 Leslie St. In Barlett Hall, from 5 to 6 p.m. There will be a $2 per class fee. All ages are welcomed to attend. Pre-registration by calling Thelma Truman at 467-0327 is requested.

Phoenix Hospice to host bereavement support groups from Oct. 4 to Nov. 15

Phoenix Certified Hospice will host bereavement support groups from Oct. 4 to Nov. 15 in Willits and Ukiah.

The facilitated 7-week groups provide an opportunity for the bereaved to explore the normal symptoms of grief, as well as recognize the individual nature of its expression and duration. With fuller understanding of the grief process, and effective techniques to manage stress, bereaved individuals can move toward recovery and affirmation of continuing life.

The program in Ukiah will be each Thursday, from 2 to 4 p.m., and in Willits, from 6 to 8 p.m. The programs are offered free of charge, as a community service. Preregistration is required. For more information, contact Stephanie Gang at 459-1818 ext. 260.

Weight Loss Surgery Group meeting set for Oct. 5

The Weight Loss Surgery group (GR-DS Gastric Reduction Duodenal Switch) will hold their October support meeting at Bartlett Hall, Ukiah Senior Center Complex, 499 Leslie Street, Ukiah on Oct. 5 at 6 p.m. with a general discussion, exchange of information and informal discussion between post operation patients and investigators of the surgery.

The DS procedure is not a gastric bypass or lap band surgery (food reduction surgeries) that are highly publicized. The DS procedure changes the way the body absorbs food and fat, therefore causing an obese person to lose weight and keep it off and enable them to eat normal portions of food. This procedure has been performed successfully for over 15 years. Lake and Mendocino Counties have about 100 post operation patients to date. The DS surgery resolves diabetes, cholesterol, blood pressure, sleep apnea, acid reflux and other chronic health issues. It has changed the lifestyle and extended the lives of post operation patients. Although the DS surgery is the main subject, this group encourages and supports those who have had other types of weight loss surgery. For more information, call Kathy Davidson at 468-0251, 468-8763 or e-mail her at kathlyn@pacific.net.

‘Wave Energy: Opportunity or Boondoggle?’ set for Oct. 5

Alliance for Democracy, the Ocean Protection Coalition, the Noyo Headlands Unified Design Group and the Mendonoma Marine Life Conservancy invite the community to attend their wave entergy forum on Oct. 5, at the Fort Bragg Town Hall, at 7 p.m. Guest Speaker Richard Charter of the Outer Coninental Shelf Coalition will report the latest from Washington.

The forum will be open for community members to voice their questions and concerns.

For more information, or to arrange a carpool, call 964-9777.

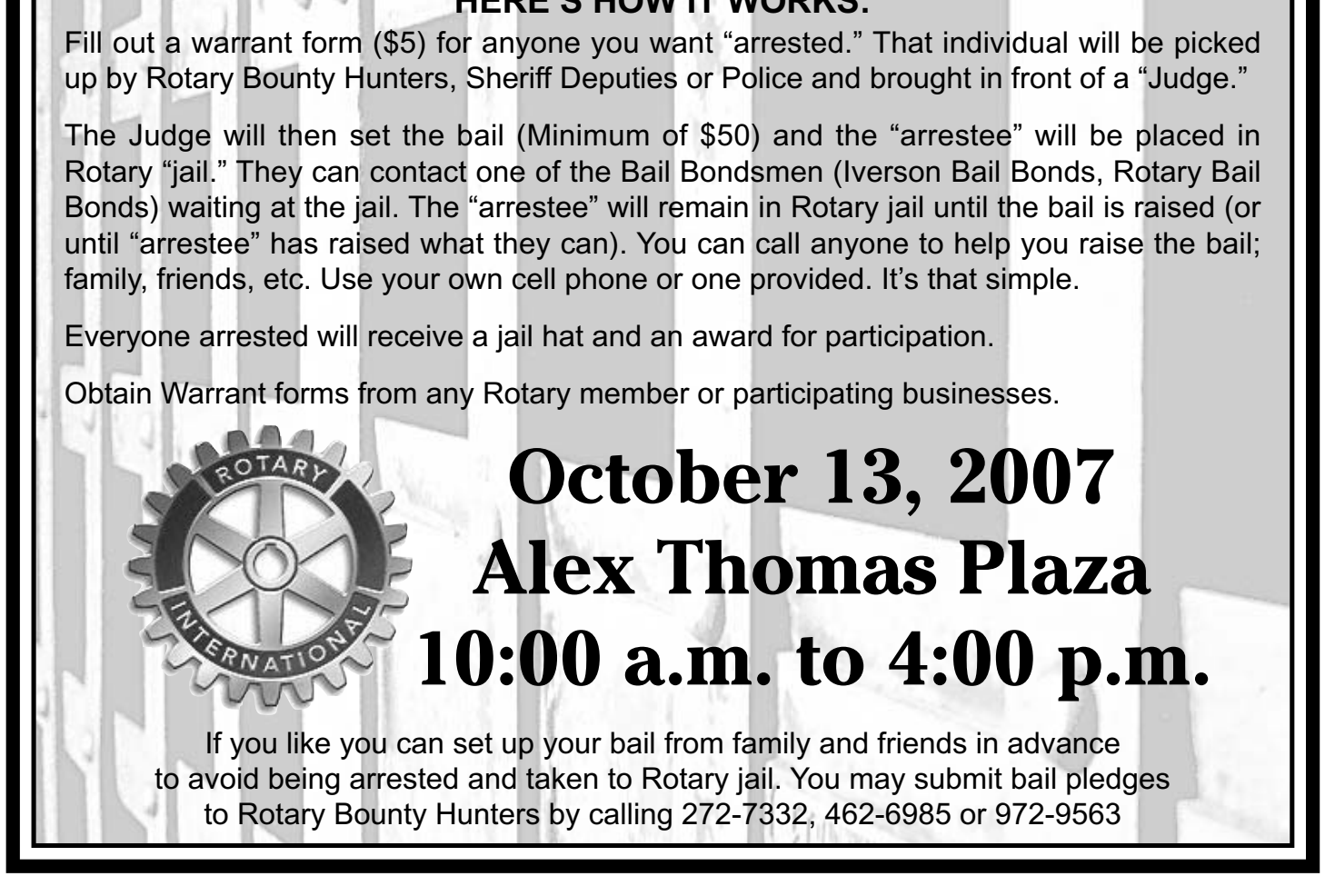
Digging Dog Nursery’s 6th annual fall plant sale set for Oct. 5, 6, and 7

Digging Dog Nursery will open its nursery gardens to the public on Oct. 5, 6, and 7, from 10 a.m. to 5 p.m., for a sale of rare and specialty garden plants including the asters featured in “House and Garden.” This is an opportunity to stock up on hard-to-find garden plants that are sought after by gardeners from all over the country, and enjoy the nursery setting, in the redwoods, where the meets the sun on Albion Ridge.









SPORTS

Editor: Zack Corns, 468-3518 udjsports@pacific.net

LOCAL CALENDAR

TODAY

•Ukiah High Football vs. Santa Rosa on the Ukiah High field, JV at 5:00, varsity at 7:30.
•Mendocino College Volleyballl vs. Contra Costa at 6:30p.m. at Mendocino College

SATURDAY, SEPT. 29

•NULL Fall League at Bechtol Field. Games at 10 a.m. and 12:30 p.m.

COMMUNITY DIGEST

Basketball League signups for youth

The City of Ukiah Community Service Department is beginning registration for the 2007/08 Youth Basketball league. The league is open to boys and girls from Kindergarten through 12th grade. Registration forms are now available at the Civic Center, 411 W. Clay Street, and at www.cityofukiah.com.

The registration fee is $50 per first player, $45 for the second player in the same family. Registrations are due by Friday, October 26, 2007. A $15 late fee will be added after the deadline. There are Low-Income Discounts available. Absolutely NO registration will be accepted after 11/2/07. Practices will begin in November, after Thanksgiving. The Youth Basketball League games will run from January through March 2007. For this program to be successful enthusiastic volunteer coaches and team sponsors are needed. For more information, please call 463-6714.

Downtown K-town 3-on-3 tournament

On October 13, in Kelseyville, there will be a 3 on 3 tournament for all ages. The tournament will be held in downtown and run from 10 am to 6 pm. Registration will start at 8 am. It is $60 for youth division and $100 for adults. The tournament will be held on Sunday, October 14th. For more information contact www.downtownktown.com.

Yokayo Bowl needs bowlers for leagues

Looking for a great fall/winter sport? Yokayo Bowl needs bowlers for several different leagues. Singles and teams for Monday Mixed 5's, Thursday Women's 5's, Friday Men's 5's and Senior's Tuesday and Wednesday Mornings. For more information call 462-8686.

Ukiahi Athletic Boosters meeting

Become involved and join the Ukiah High School Athletic Boosters Club. All parents and community members are welcome and encouraged to participate. This is a fun and long-standing community group which works hard to help local prep athletes obtain their uniforms and much needed equipment.

The next Ukiah High School Athletic Boosters meeting will be on Monday, September 24, at 5:30 p.m. on the Ukiahi campus in the Career Center located in the Administration Building.

Ukiahi Athletic Boosters dinner

Ukiah High School Athletic Boosters fund raising dinner and auction will be held on Monday, October 15.

The community is invited to join us for our annual event at a "new" location in the Fine Arts building at the Ukiah Fair Grounds.

Dinner tickets are $30 per person. For reservations and purchase information contact Deni Lee at 468-3736 or Val Jackson at 468-9085.

SAL Boxing

Fall hours for SAL boxing are Thursday 6:45 p.m. and Friday 5:00 p.m. The cost is only $5 a year and classes are ongoing at the Redwood Health Club.

To join SAL Boxing athletes must fill out paperwork and have a parental signature for those under 18. The class is a mix of a levels and ages. Come for a good workout or to seriously study boxing.

DVC holds 6th annual golf marathon

On Friday, October 5, Deep Valley Christian School will be hosting a 100 hole gold marathon. Fund raising is critical to the life of a non-profit Christian school and volunteer help is greatly appreciated. This year's event will be at the Ukiah Municipal Golf Course.

The goal is for each golfer to play 100 holes of golf in one day. We would like to encourage moms and families to join the dads in this year's event. Some new items added for this year include; if a player raises at least $100 their $100 registration fee will be waved, If a parent plays with their child, who is under 16 years old, the child will play for free, and pastors and youth pastors play for free.

There will be a continental breakfast, lunch, tri-tip dinner, snacks, and golf balls provided. There will also be prizes for the longest drive, closest to pin, worst golfer, and much more.

The event starts at 7 a.m. with check-ins, and will run until around 7 p.m. when awards will be given. All donations are accepted, it is possible to pledge by hole, or for a specific amount. Local businesses are also encouraged to donate, all donations are tax deductible.

CONTINUED ON PAGE 7

UHS volleyball defeats Montgomery in match

The Daily Journal

Ukiah came out a little slow in the first game. The girls played gamely but were only able to generate 7 kills (Melissa Berndt 2, Nicole White 2, Gaby Kong 2, and Brooke Ingram 1), 1 service ace (Caroline Eggertsen) and 3 set assist (Ashley Lower 1, Kong 2) and were defeated 16/25.

The second game largely mirrored the first game with Ukiah generating 5 kills (Megan Metcalf 3, and Berndt and Katie Dhooghe 1 each), 3 aces (Eggertsen, Berndt and Lauren Wallace) and two set assists (Lower and Eggertsen). But Montgomery was having some problems of its own and Ukiah turned its effort into a 25/20 win.

In the third game signs of change were developing with Ukiah scoring an impressive 12 kills (White and Metcalf 3 each, Dhooghe and Berndt 2 each and Kong and Shelby Hale 1 each), 1 ace (Eggertsen) and 10 set assists (Eggertsen 6, Lower 4) but unfortunately Montgomery outdid them leaving Ukiah with a 17/25 defeat.

The fourth game was the turning point. A loss here and Ukiah was out of the match. But a win would put the two teams at 2 games apiece and move the match to the 5th tie breaking game. The team dynamics really started working led by a 10 serve service run by Emily Houghton that including 4 aces and 1 kill. Further spurring the team on was outstanding back row work by Melissa Reyes who did a great job bumping, passing and saving. Setter Eggertsen had 5 set assists and 3 aces, White, Berndt, and Metcalf had 3 kills each, Dhooghe had 2 kills, Kong had 1 kill and Lower had 3 set assists. Ukiah eventually amassed a total of 13 kills and 7 aces. Montgomery could not match Ukiah at its best and went down giving Ukiah a 25/9 win.

"We saw some great volleyball played tonight wih the girls playing with real intensity. The team really came together as a unit."

-Valerie Psara

With the two teams now tied 2 games apiece they entered the 5th and final game. Ukiah was a well oiled machine now. Houghton contributed another service run of 7 serves with 1 ace and added 2 kills. Reyes continued her fine back row work while Berndt added 5 kills, White 3 and Metcalf 1 giving Ukiah a total of 11 kills and 1 ace. Making the majority of these kills possible were 8 set assists by Eggertsen. Montgomery could not match this kind of play and Ukiah handed them a resounding 15/9 defeat to take the match 3 games to 2.

"We saw some great volleyball played tonight with the girls playing with real intensity" stated Ukiah coach Valerie Psara. "The team really came together as a unit".

Ukiah's league record stands at 2-0. They next face Santa Rosa Thursday, 9/27 at Santa Rosa.

Wildcats sweep up



Photos courtesy of Jeremy Pollard

Ukiah High School Senior Travis Cleland plays tight defense against a Newman player, helping the Wildcats to a decisive sweep against Cardinal Neman.

The Daily Journal

In the first game of the evening the Wildcats went out to a quick 3-0 lead in the first quarter. The Wildcats had several opportunities to score but insisted on shooting right at the goalie.

The first half was dominated by the home team but the score was only 5-2. Jade Barrett and Katie Bishop came alive in the third quarter, both scoring 2 goals each in the quarter.

With the score 9-5 after three quarters, the Wildcats picked up their intensity and only allowed one goal in the fourth period as the Lady cats went on to win 11-6. Hayley Phenice and Jade Barrett both scored 3 goals each, while Carrie Reid and Katie Bishop both scored 2 goals each, and Allison Grubaugh added one. Soriah Sobbizadeh had a good game in the cage with 7 saves. The girls are now 7-0 on the season and 2-0 in the Redwood Empire Water Polo League.

The Boys Varsity played next and the Wildcats went out to a 3-2 lead as Nate Mack scored on a nice goal out of the 2 meter position. With some intense, and smart defense the lead had grown to 6-2 by Half-time. Stephen Moore scored on a beautiful lob shot, and Chad Williams added the final goal of the half with one second on the clock.

The second half was an intense battle as both teams scored 2 goals in the third quarter, and one the fourth quarter. The Wildcats were at a disadvantage in the second half as both Chad Williams and Paul Riemenschneider collected three ejection fouls and were disqualified in the 4th quarter. The Wildcats were ejected 11 times to zero for Cardinal Newman and still managed to win 9-5.

Cody Ashurst had 14 saves in the goal including a sequence of three point-blank shots that he blocked. Outstanding game from the home town goal keeper.

Scoring for the Wildcats was balanced as Stephen Moore, Miles Oswald, and Travis Cleland all scored twice, with Frank Thomas,

See WILDCATS, Page 7

Raiders believe in Tommy Kelly

Associated Press

ALAMEDA, Calif. — Warren Sapp has been to seven Pro Bowls, owns a world championship ring and is closing in on 100 career sacks.

He thinks those numbers will pale in comparison to what his Oakland teammate Tommy Kelly can accomplish.



Warren Sapp Says that Tommy Kelly will be better

For weeks, Sapp has been telling anyone who would listen that the Raiders' fourth-year defensive end is one of the best young players in the NFL.

Kelly took a big step toward confirming that last week when he blocked a field goal as time expired against Cleveland, helping Oakland snap an 11-game losing streak dating to 2006.

"He'll be better than me," Sapp said. "He'll have better numbers than me when his game's over. ... I know him. This kid's picking up everything you could possibly imagine. His game has just evolved."

Sapp should know. The two joined the Raiders at the same time in 2004.

Sapp had just signed a free agent contract after spending nine years in Tampa Bay, while Kelly signed with the team as an undrafted and unheralded free agent from Mississippi State.

The two have since formed a tight-knit relationship which

See KELLY, Page 7

NASCAR gives Golden State another victory

Eric Schmidt reflects on his, 'Great year'

The Daily Journal

Roseville -Eric Schmidt and Golden State Racing scored its 11th NASCAR Western Late Model win of the 2007 season, Saturday night, at All American Speedway in Roseville, CA and clinched the track championship.

Schmidt, the 2006 SRL champion, iced the one-third mile asphalt oval's first NASCAR track championship with still one race remaining in the 18 round campaign.

The championship marks Schmidt's second Late Model track title, after winning the Stockton 99 Speedway series in 2003.

"As a whole it's been a great year," Schmidt said. "It's mainly just stress relief heading into that final race."

Cold and rainy conditions during the morning made for a wild afternoon, as teams attempted to adapt to the conditions. Schmidt was able to nail down the fast-time and started 10th in the 50 lap feature after a ten car invert.

"The weather caught us off guard too," Schmidt said. "It was a little rough during qualifying."

Schmidt fell back to 12th place in the opening laps as traffic settled in, before clawing his way forward for a convincing win against a talented field that included multi-race winner Bobby Grewohl and Altamont standout Ryan Philpott.

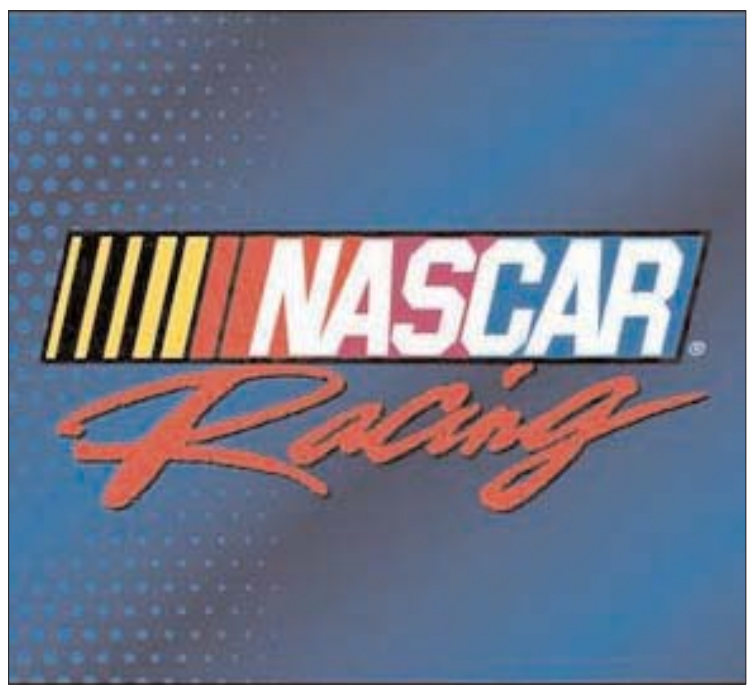
Schmidt will look to wrap up the All American Speedway season with another victory, this Saturday night.

Schmidt and Golden State Racing are also preparing for another shot at the prestigious Win-River 125 at Shasta Raceway Park in Anderson, CA. The event runs from October 6-8th.

Schmidt won the event in 2002 after accepting a challenge to drop to the rear of the field in the Napa Challenge, and pocketed a total of $14,000 in winnings. The win still ranks as one of the most historic in Northern California Late Model racing.

Schmidt is eager to visit Win-River victory lane again.

"It was by far the biggest win of my career," Schmidt said. "So many great drivers had tried to do it and there was such a prestige about it. After I became the first driver to do it, they stopped doing it."



Schmidt will be bringing his 2006 SRL championship car to the three-eights mile speed plant.

"We modified our SRL car to adapt to the current rules," Schmidt said. "We haven,t run with them in a few years but we,ll get up to speed quick."

Race fans can follow the three-time championship team at www.golden-stateracing.com

Golden State Racing is sponsored and supported by: AT&T, Yellowpages.com, Hugin Components, Higgins Hardwood, Inventory Sales Company, Ramos Oil, Long Engine Systems, Prestige Gunite, Joiner Motorsports, Racing Stripes, Sew-Cal Monogramming, Blakesley Sports Media, Holiday Inn Express, and Oxford Suites.

COMMUNITY DIGEST

PumpkinFest 3-on-3 Hoop Tourney

The tournament will be held at the downtown Ukiah Savings Bank parking lot at 200 N. School St. on Sunday, October 14th. The fee is $20 per player (max of 5 per team). All teams must check in by 9am.

The divisions will be: Men's Open, High School Boys, High School Girls, 8th grade & under boys, 8th grade & under girls, 6th grade & under boys, and 6th grade & under girls. If there is enough interest, other divisions may be added. All teams will be scheduled for a minimum of 3 games. There will be team and individual awards. Once signed onto a team, players may not change teams.

Please call (707) 463-6714 for questions or to register your team.

Space may fill prior to tourney date.

Booster Meeting and dinner/auction

The meeting will be on Monday October 8 at 5:30pm at the Ukiah High School Career Center where plans for the dinner/auction will be finalized. Help and support for the club will be welcome. All parents and community menbers are welcome to attend the meeting.

The dinner and auction will be held on October 15 in the Fine Arts building at the Ukiah Fairgrounds. Tickets are by presale only and cost 30 dollars per person. Buy your tickets by October 5 by calling Val Jackson at 468-9085. Don't miss out, there are some great items for the auction.

Ukiah Elks Lodge Basketball Challenge

The Ukiah Elks Lodge wishes to challenge all basketball coaches in the Ukiah area to send boys and girls between the ages of 8 and 14 to Shoda Kai Gymnasium on November 18 at 9:30am for a free throw contest.

HEY LOCAL COACHES!

Don't forget to report scores to the Sports Desk at www.ukiahdailyjournal.com or by e-mail at udjsports@pacific.net.

Brazil victory over U.S. plots them against Germany

By STEPHEN WADE
AP Sports Writer

HANGZHOU, China — The way Brazil and sensational striker Marta played, it didn't matter who was in goal for the United States.

Marta scored two goals and the Brazilians put on a dazzling display of soccer Thursday, outhustling the Americans at nearly every turn to cruise to a 4-0 victory in the Women's World Cup semifinals.

The Brazilians will play in their first final Sunday against defending champion Germany.

"If you asked me how I do that, I can't explain," Marta said, even after watching TV replays of her goals. "Things happen very quickly during the match, and afterward I start thinking: 'How do I do that?"'

That's what American goalie Hope Solo was asking. Angry she was replaced for the critical game in favor of veteran Briana Scurry, Solo lashed out at U.S. coach Greg Ryan.

"It was the wrong decision, and I think anybody that knows anything about the game knows that," Solo said. "There's no doubt in my mind I would have made those saves. ... You have to live in the present. And you can't live by big names. You can't live in the past."

Ryan defended his decision and Scurry, who made her 164th appearance for the United States.

"I don't have any regrets about that," he said. "I think Bri played a great game."

He stressed that he didn't think the switch affected the game.

Ryan might have been right. The Brazilians attacked from the start, and the Americans were unable to keep pace as they saw their 51-match unbeaten streak end with their worst loss in a World Cup match.

The U.S. will play Norway for third place Sunday.

The opening score came on an own-goal in the 20th minute, when American defender Leslie Osborne headed a corner behind Scurry. Lucky or not, the Brazilians were off and running and proved to be better in every facet: clever triangulated passes, counterattacks, audacious moves and blistering shots.

"They played like a team," American striker Abby Wambach said. "I've never seen them play so well. They brought all of their heart and all of their soccer to the table."

"It's a hard loss to swallow," she added. "More than anything it's just heartbreaking, it's hard to go down like this."

Bidding for another title to go with championships in 1991 and 1999, the U.S. team's semifinal loss was a repeat of the 2003 event, when the Americans were eliminated by Germany.

Marta made it 2-0 in the 27th to add to Brazil's growing confidence. She evaded a half-dozen players and cracked a left-footed shot from 15 yards that hugged the ground and beat Scurry diving to her left. She got her left hand on the ball but couldn't stop it.

"The first goal that Marta scored was a great goal," Ryan said. "Briana in that situation gives us the best chance to stop that shot because of her quickness and speed. If you look at the rest of the match, there is nothing she could have done about any of the other goals."

Scurry, the 36-year-old keeper who stopped a deciding penalty kick to give the U.S. the 1999 World Cup, was under intense scrutiny. Ryan named her to start just 24 hours beforehand, benching Solo who had allowed only two goals in four World Cup games — and none in almost 300 minutes.

Any hope the U.S. had was snuffed out a few seconds into first-half injury time when Shannon Boxx picked up her second yellow card, leaving the Americans a player short. The foul was marginal, but Boxx lunged on a tackle trailing just a step behind the Brazilian attackers.

"I'm not sure about the call on Boxx," Scurry said. "Brazil's a great team. You can't go down a man against a team like Brazil; they are going to tear you up. Unfortunately, that's what happened."

Forced to push for a goal in the second half, the U.S. left itself exposed at the back with Maycon, Daniela and Cristiane narrowly missing in the opening minutes. Cristiane finally broke through in the 56th minute to make it 3-0, left-footing a shot home in a one-on-one contest with Scurry.

Brazil's last flurry came in the 79th minute when Marta showed why she was the 2006 player of the year. Off the left wing, she faked around U.S. defender Tina Ellertson, raced into the box, faked another defender and beat Scurry with a shot that drew a huge ovation from a crowd of 48,000.

"This is a history, and it's good to be part of history," said Marta, who leads the tournament with seven goals.

The game may be a watershed, though Ryan said it was unfair "to draw too many conclusions" from one game.

Despite winning Group B — the toughest in the 16-team tournament — the Americans seldom looked threatening on offense. They tied North Korea 2-2, then had narrow wins over Sweden and Nigeria. Their best game was a 3-0 victory over England in the quarterfinals, probably their weakest opponent in the tournament.

Brazil's victory was only its second over the United States in 23 games. The Americans beat Brazil 2-0 in June in New York — without Marta — and won the gold-medal game 2-1 in the 2004 Olympics, a match Brazil dominated and probably deserved to win.

The Americans and European teams like Norway, Germany and Sweden have ruled the first two decades of women's soccer with better organization, more money and well-schooled players.

The United States won titles in '91 and '99 with Norway winning in '95 and Germany in '03. But Brazil, which spends little on the women's game, has the edge in pure skill, backed by world soccer's deepest pool of talent.

Don't forget, Brazil's men have won an unprecedented five World Cups.

"We haven't let up with the women's program," said Sunil Gulati, president of the United States Soccer Federation. "If anything we have accelerated everything."

"We are not where we were 10 years ago. It's not because we are not better, it's because everyone else is investing in the game."

Kelly

Continued from Page 6

often calls for Sapp to speak on Kelly's behalf.

"He's just shy with you guys, but he's hilarious," Sapp said. "He'll come up with some off-the-wall stuff that just makes you laugh."

Few people within the Raiders organization were laughing much during the past 11 months. Before Sunday's game against the Browns, Oakland hadn't won since Oct. 29, 2006, an 11-game slide that matched the second-longest streak in franchise history.

Kelly halted the skid with one swipe of his left hand when he blocked Phil Dawson's second attempt at a 40-yard field goal. Dawson had been successful on his first try, but the kick was negated when the referee ruled the Raiders had called timeout before the attempt.

Through their first three years in the NFL, both players had comparable numbers. Sapp made 37 starts, 146 tackles, 22 1/2 sacks and five forced fumble; Kelly made 31 starts, 133 tackles, 12 sacks and six forced fumbles.

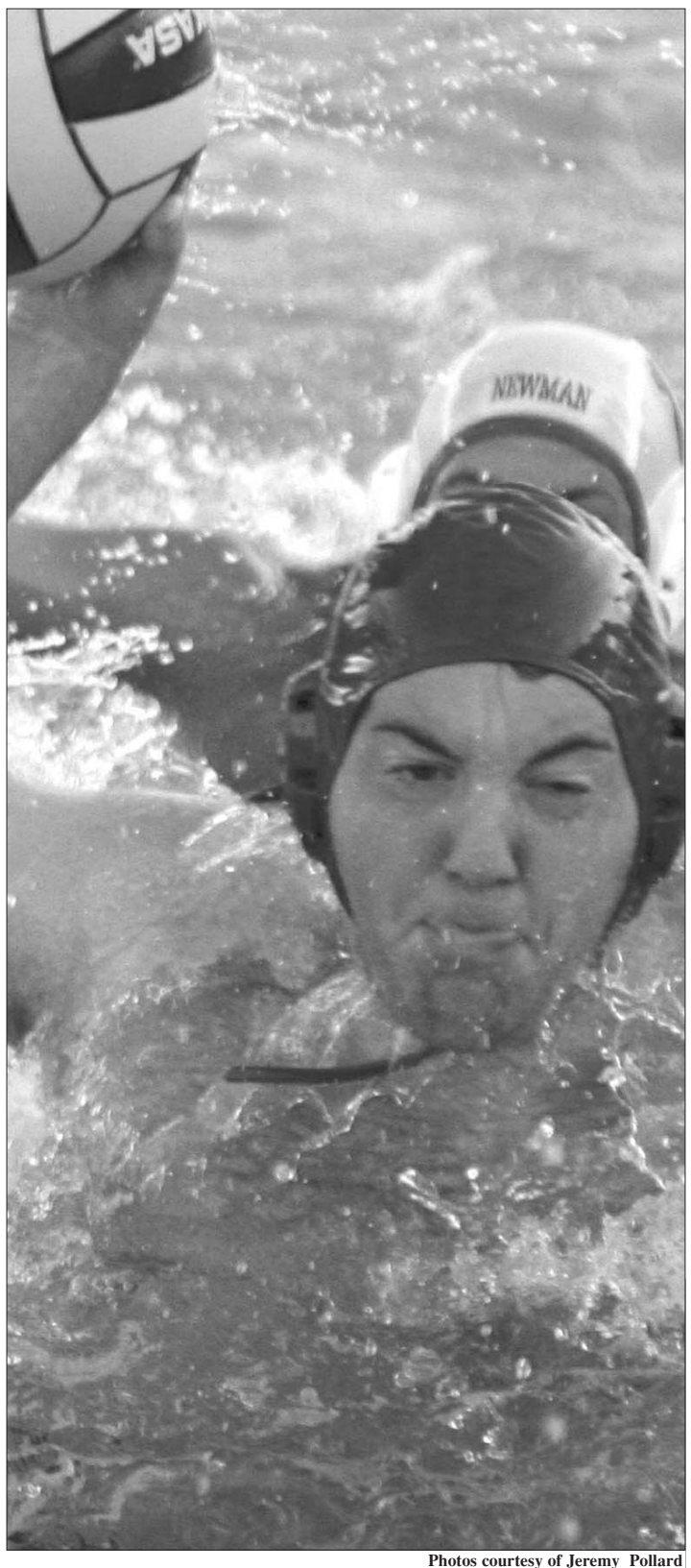
But while Sapp played one position — defensive tackle — Kelly has moved from nose guard to tackle to end and played all three with equal success.

"When I was coaching in Denver, we had a guy named Trevor Pryce, he played all three different positions," Raiders defensive line coach Keith Millard said. "He's been a Pro Bowler at the defensive tackle position and he's been a Pro Bowl-caliber type as a defensive end. (Kelly) can play any position across the defensive line. That's a compliment to his abilities.

"We really count on Tommy to do just about everything in our defense and do it well. He's really working hard to get that done."

Yet Sapp says Oakland is playing Kelly out of position at defensive end.

"For me, a three-technique is gravy for him because you can't move him," Sapp said. "You can't double him because he can play low, and you can't block him one-on-one. There's a couple intricate parts I've got to teach him with this and that or whatever. After I get finished with him in the next year and a half, he'll be able to get protections and everything down."



Photos courtesy of Jeremy Pollard

Senior Nate Mack fires the ball while being followed by Newman defense.

Wildcats

Continued from Page 6

Chad Williams, and Nate Mack scoring once. The boys are now 9-5 on the season, and 2-0 in the Redwood Empire Water Polo League.

The Junior Varsity Boys completed the sweep with a convincing 18-6 win.

The game was never really in doubt as the boys took a 6-2 lead by half-time behind three goals from Nick Johnson.

Brett Van Patten scored 3 of his 6 goals the next period as the Wildcats built their lead to 10-4. Freshman Marcus Ramirez and first year player Jake Hilliard both scored 2 goals each in the final period as the Wildcats opened things up and cruised to a 18-6 victory. A.J. Crawford scored 3 goals on the night, Aaron Brennan joined Marcus and Jake in scoring 2 goals each. First year goalie Joe Selzer had a nice game making 8 saves, showing improvement every game. The boys Junior Varsity is now 2-0 in league play. Next home game is Wednesday October 3rd against Sonoma.

To report sports events, including local high school games and tournaments, please contact the Ukiah Daily Jounal Sports Desk at 468-3518. To report on events through the Internet, please visit www.ukiah-dailyjournal.com and click on the 'Report Scores' link. As well, you can contact the Sports Desk by email at udjsports@pacific.net

Ukiah cross country places at meet

Wildcat cross country makes plans

The Daily Journal

Feet racing and hearts pounding, the Ukiah High School Cross Country team attended a meet at Lowell on Saturday September 22, where top varsity runner and sophomore Andrew Zellman placed fifth out of 156 runners with a time of 15 minutes and 33 seconds.

Coach Chad Raugewitz said, "A lot of runners are steppin it up."

The entire team attended the meet and came in 10 place overall. The next best times by Ukiah High School students on the 2.93 mile course were completed by Daniel Otero and Josh Woods.

The best time of the girls was a run from Meagan Stark who finished at the time of 20:29.

Coach Raugewitz said, "Overall I'm real pleased with how everybody is performing."

"Overall, I'm real pleased with how everybody is performing. We're strong as far as runners returning."

-Chad Raugewitz

A Division 2 meet will be held at Stanford on Saturday 29, where Raugowitz hopes to bring his team to further victories.

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- Our Estate Plans are easy to establish, affordable and include Power(s) of Attorney for healthcare and asset management, Medical Directive(s), Living Will(s), the Abstract of Trust as well as funding documents and complete instructions for your loved ones on how to settle the estate.



Attend our FREE PRESENTATION at:

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Elks Lodge #1728, B.P.O.E.
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For information and reservations, call: (800) 585-1885

Reservations are preferred and couples are encouraged to attend together.

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Call goes out for youth volunteer nominations

The Daily Journal

North Coast Opportunities Volunteer Programs, in partnership with the Points of Light Foundation, is once again participating in the 2008 Prudent Spirit of Community Awards. These awards give the opportunity to gain statewide and possibly national recognition for young people who are involved in volunteering for local organizations and who have demonstrated outstanding volunteer service.

Young people who have made a difference by volunteering in the community can apply or be nominated for a Prudential Spirit of Community Award.

This kind of recognition from an independent awards program is beneficial to young people who have performed exemplary acts of service in their communities. These awards, sponsored by Prudential Financial and the National Association of Secondary School Principals, have honored more than 75,000 middle level and high school students over the past 12 years solely for their volunteer work.

It's easy to apply:

1. Visit www.prudential.com/spirit or www.principals.org/prudential, click on the "Apply Now" link, and follow the on-screen instructions.

2. Once the online application has been completed, print it out, sign it, and have a parent sign it.

3. Submit the printed application to North Coast Opportunities Volunteer Programs by mail to: NCO Volunteer Programs at 776 S. State St., Suite 1O2 B, Ukiah, CA 95482. They will select one or more Local Honorees from the applicants and nominate them for state-level judging.

If you need a paper application form, call 877-525-8491 toll-free.

All state-level honorees will be announced in February. The top middle level and high school applicant in each state and the District of Columbia, called State Honorees, will receive $1,000, an engraved silver medallion and an all-expense-paid trip with a parent to Washington, D.C. next May 3 through 6. From two to ten Runners-Up in each state, called Distinguished Finalists, will get bronze medallions. Other state-level winners will receive Certificates of Excellence. Finally, ten of the State Honorees will be named America's top ten youth volunteers of the year at a special ceremony in Washinglon, D.C., in early May. These National Honorees are awarded an additional $5,000, gold medallions, crystal trophies and $5,000 grants for the charities of their choice.

In addition, all Local Honorees who have devoted a minimum number of hours to their volunteer activities will receive the President's Volunteer Service Award.

For more information, contact Tami Bartolomei, Volunteer Network Program Director at 462-2596 ext. 110 or tbartolomei@ncoinc.org.

All about Californian olive oil



Bon Vivant

By Marilyn Campbell

California is striking oil -- olive oil that is. Revelations about the health benefits of olive oil have led to a steady increase in American olive oil consumption. According to the California Olive Oil Council, sales of U.S. produced olive oil has increased 20 percent each year for the last five years. Much of our domestic olive oil comes from the Golden State.

As olive oil is becoming more widely used, the number of artisan olive oil producers has risen, particularly in wine country. These world-class olive oil producers adhere to strict standards set by COOC to earn a prestigious certification guaranteeing that they are 100 percent California extra virgin olive oil.

Whether drizzled on tomatoes or used for sautéing, top quality olive oil in a variety of flavors is in great demand. To keep the pace, artisan olive oil producers are churning out highly refined specialty olive oil -- with flavors as exotic as basil and blood orange -- at increasing rates.

With so many choices on the market, navigating your way thought the maze of oil can be tricky. The COOC recommends taking a close look at the label on the bottle.

"Extra virgin" olive oil, which is often the most expensive, is made from blemish free olives without heat and from the first cold pressing. Extra virgin olive oil is best when it is first pressed.

"Virgin" olive oil is also a first-press oil that is made without eat or solvents, just filtered, while "Fino" olive oil is a blend of extra virgin and virgin.

"Light" olive oil undergoes and extra filtration that makes it light in color and creates a very mild flavor.

For best quality, look for the harvest year and buy the most current harvest year available.

The flavor of oil is determined by the climate, where the olives are grown, and how ripe the olives are when harvested. The color spectrum of olive oil ranges from green to golden to almost clear. Golden or clear oils have a nutty or buttery flavor while oil that is green in color tends to have a grassy flavor.

Tapenade

2 cups of pitted Kalamata olives

4 tablespoons of fresh garlic puree

1/3 cup chopped fresh parsley

1/3 cup of Extra Virgin Olive Oil

3 tablespoons of anchovy fillets

Place all ingredients in a food processor and puree.

Place in sealed container and refrigerate.

(Recipe provided by the California Olive Oil Council)

Looking

Continued from Page A-3

ing the hallway is, like the man in the wheelchair, also a combat veteran. This steadies the applause, but I think deepens the sentiment. We have all been there now. The soldier's chair is pushed by, I believe, a full colonel.

"Behind him, and stretching the length from Rings E to A, come more of his peers, each private, corporal, or sergeant assisted as need be by a field grade officer.

"11:00 hours: Twenty-four minutes of steady applause. My hands hurt, and I laugh to myself at how stupid that sounds in my own head. For twenty-four minutes, soldier after soldier has come down this hallway -- 20, 25, 30. Fifty-three legs come with them, and perhaps only 52 hands or arms, but down this hall came 30 solid hearts.

"They pass down this corridor of officers and applause, and then meet for a private lunch, at which they are the guests of honor, hosted by the generals. Some are wheeled along. Some insist upon getting out of their chairs, to march as best they can with their chin held up, down this hallway, through this most unique audience. Some are catching handshakes and smiling like a politician at a Fourth of July parade. More than a couple of them seem amazed and are smiling shyly.

"There are families with them as well: the 18-year-old war-bride pushing her 19-year-old husband's wheelchair and not quite understanding why her husband is so affected by this, the boy she grew up with, now a man, who had never shed a tear is crying; the older immigrant Latino parents who have, perhaps more than their wounded mid-20s son, an appreciation for the emotion given on their son's behalf. No man in that hallway, walking or clapping, is ashamed by the silent tears on more than a few cheeks. An Airborne Ranger wipes his eyes only to better see. A couple of the officers in this crowd have themselves been a part of this parade in the past.

"These are our men, broken in body they may be, but they are our brothers, and we welcome them home. This parade has gone on, every single Friday, all year long, for more than four years." Did you know that? The media hasn't told the story.

Honoring again. . . My Dad and I had always planned to go to Fleet Week in San Francisco. For several years we were home-bound caring for Mom and unable to make that dream a reality. Then, after Mom passed, 11 months later my Dad died. . . and this dream died with him. Fleet Week is Oct. 4-9, a celebration of the men and women of our armed forces. It features the Navy Blue Angels, a parade of Navy ships and other exciting demonstrations. This year, in honor of my Dad, a WWII and Korean Veteran, we are going to Fleet Week. I already sense my father's presence. In his memory, and on the first day of this current war, a flag with a yellow ribbon was mounted on an oak tree on our property for all to see. It will remain posted in honor of those serving and giving their all. . . until the last one comes home.

Buster's Burgers. . . Marilee Turner is picking up her paint brush again and loving every minute of it. She called to talk about a new eatery in Willits, "Buster's Burger & Brew," which "has the best cheeseburger in Northern California."

Her daughter is friends with the owners and they needed an artist to draw a mural on the wall of their new restaurant and they wanted their Boxer, Buster, to be the model. She got a photo of the dog and, not having had a paint brush in her hand in 30 years, with most likely a bit of fear and trepidation, set to and accomplished her objective "beautifully." She had such a good time returning to Art, that se will continue her drawing.

Art in many forms. . . Local artist Don Pagano is showing his paintings at his home and studio Sept. 29 and 30, from 9 a.m. to 4 p.m. This is a good opportunity to visit this famous artist's studio and chat with him first hand. Don has also invited some selected local crafts persons to share their talents. Drop by at 469 Plum St., Ukiah, and view his work. Don was the featured artist recently at the Alzheimer's caregiver benefit, donating one of his lovely works to the event.

Time marches on. . . Have you been confused by when we "Spring Forward" and "Fall Back?" One reader called asking if there was an official place one could go to find out when the next time change is. It seems she was in a planning session and out of five calendars, three different dates showed the time change: Two in October and one in November.

Wanting to be helpful and recalling that Congress made the change awhile back, a simple phone call to Congressman Mike Thompson's office yielded an answer: According to a military site, the Energy Policy Act of 2005 makes the date November 4 that we gain an hour. Who,da thought! The act, described by proponents, was an attempt to combat growing energy problems. The bill amended the Uniform Time act of 1966 by changing the start and end dates of daylight saving time beginning in 2007. Clocks were set ahead one hour on the second Sunday of March instead of the first Sunday of April. Now clocks are set back one hour the first Sunday in November, rather than the last Sunday of October.

Time in the US, by law, is divided into nine standard time zones covering the states and its possessions, with most of the US observing daylight saving time for part of the year.

Interesting note: During his time as an American envoy to France, Benjamin Franklin anonymously published a letter in 1784 suggesting that Parisians economize on candles by arising earlier to use morning light. Franklin's mild satire proposed taxing shutters, rationing candles, and waking the public by ringing church bells and firing canons at sunrise, in the spirit of his earlier proverb, "Early to bed and early to rise/Makes a man healthy, wealthy and wise."

Genius at work. . . You won,t want to miss "An Exhibition of Genius" from the Museum of Leonardo Da Vinci in Rome, making its North American debut at Metreon (go to: davincithegenius.com) at 101 4th Street, San Francisco. The show ends December 31. Times are Sunday through Thursday 10 a.m. to 9 p.m.; Friday and Saturday 10 a.m. to 10 p.m.

This exhibition tells the full story of Leonardo's true genius as an artist, inventor, scientist, anatomist, engineer, architect and more. Over 150 items are on display including interactive, life-size machine inventions crated from his codices, studies of his most famous renaissance art, anatomical sketches and stunning 3-D presentations of the Last Supper and Vitruvian Man. It was amazing. We were in awe of this man's genius. This is a not-to-miss experience.

Taking care of our own. . . William Fisher, CEO of the Alzheimer's Association in Northern California/Northern Nevada, had an editorial opinion recently published in the San Francisco Chronicle. He poses some sobering statistics and brings awareness of legislation apathy about this disease. Read on. . .

"Today is World Alzheimer's Day and we want to use the occasion to offer our sympathy to the more than 1.5 million Californians who will develop, live with and die from Alzheimer's disease between now and 2050.

"And what is California doing to prepare? Is our medical system ready? Is there a workforce to provide care for the generation of California Baby Boomers who will be at 50 percent risk of Alzheimer's? Is the infrastructure of community services sufficient? Are our academic medical institutions funded to focus on this -- silver tsunami? What's the plan?

"Two Senate Committees and the full Senate as well as the Assembly policy committee unanimously approved legislation -- SB321 -- requiring the state to create an Alzheimer's Disease Plan to guide public policy in California. The cost to the state is estimated to be less than $200,000, a speck in the California budget and something New York, Illinois, Iowa and five other states have already done. Sounds prudent. Sounds promising. It would be a start.

"But as the Legislature finished its 2007 session the Alzheimer's planning legislation, having passed unanimously out of committee, languishes in something called the 'Assembly Appropriations Committee Suspense File.' Not dead, but perilously close to it. And why? Not because anyone opposes the idea of getting ahead of this frightening curve, but because our legislative leadership, Assembly Speaker Fabian Núñez, D-L.A., and Senate President Pro Tem Don Perata, D-Oakland, are either unable or unwilling to find a way to let this bill move forward. This absence of leadership threatens the future of thousands of Californians who are busy taking care of themselves today only to find California unprepared when they arrive in huge numbers tomorrow.

"Californians, like much of the rest of the country, are engaged in an important conversation about health care that often focuses on the uninsured and on the notion that a greater emphasis on prevention will save the health care system. Yet we cannot have a serious conversation about the economics of health care, or about saving Medicare and Medi-Cal, or reforming Social Security, without addressing Alzheimer's disease. It affects all of these.

"It afflicts 13 percent of those 65 and older, and 47 percent of those 85 and older. Setting aside for the moment the personal and emotional toll of Alzheimers, Medicare now spends $91 billion on beneficiaries with Alzheimer's and projects annual costs of $160 billion by 2010. On average, Medicare spends nearly three times as much covering people with Alzheimer's and other dementias as it spends for beneficiaries without dementia. In 2005, state and federal spending for just nursing home care for people with Alzheimer's was estimated at $21 billion, and is projected to increase to $24 billion by 2010, and $27 billion by 2015.

"It's coming. More certain by far than bird flu, more costly in dollars and human misery than the Twin Towers, it's coming. Let's plan for it."

Cheer-i-o!









Providing pot downtown:

One city's struggle with the medical marijuana dispensary phenomenon

By MICHAEL MANEKIN
MediaNews Group

REDWOOD CITY - Soon after the Patients Choice Resource Cooperative moved into their new digs in downtown San Mateo, the group got a cease-and-desist letter from the San Mateo County District Attorney's Office.

Patients Choice is a medical marijuana dispensary, one of dozens in the Bay Area providing medicine for patients in possession of doctors' letters prescribing the drug.

But the cooperative was not complying with state and federal law, according to the November 2006 letter, and it was told to close.

On Wednesday afternoon, DEA agents and local law enforcement stormed the tiny storefront office and two other medical marijuana dispensaries in the city's downtown and closed them.

The operation, led by the DEA, was the largest Bay Area raid of medical marijuana dispensaries in nearly a year.

Prior to the raids, the District Attorney's Office was holding out hope that Patients Choice "would recognize what they were doing as not in compliance with California law, and they would shut down," said San Mateo County District Attorney Jim Fox.

Instead, Patients Choice asked their attorney to send the District Attorney's Office a letter that their business was perfectly compliant with state law in accordance with Proposition 215, the 1996 ballot measure which state voters approved to allow the use of medical marijuana; SB 420, a bill passed by the state Legislature in 2004 which allows medical marijuana patients to form their own cooperatives; and People v. Urziceanu, a 2005 appellate court ruling which found that that SB 420 allows consumer cooperatives, such as Patients Choice, to accept money in exchange for medicine.

Deputy District Attorney Steve Wagstaffe considered the letter, reflected on the state's ambiguous legal definition of medical marijuana dispensaries, and made a decision.

"We could have sat here and spent a great deal of taxpayer money in San Mateo County, prosecuting it and going through the appeals, or we could bring the case to the attention of the federal government," Wagstaffe said.

When Matt Kumin, the San Francisco-based attorney for Patients Choice and a consultant to some 80 medical marijuana dispensaries throughout the state, learned that federal agents had raided his clients and two additional dispensaries, his reaction was swift.

"The local DA tries to do a prosecution, but it's too difficult. He's got a bitter taste in his mouth, so he calls the feds."

"To me, it's very cowardly," he added. "San Mateo - God. what a conservative place!"

Actually, until now, San Mateo County has not been conservative when it comes to medical marijuana.

One year after 66 percent of voters passed Prop. 215, the Board of Supervisors voted on a trial program for the county hospital to treat terminally ill patients with medical marijuana.

When the state began to issue cards for medical marijuana patients in 2004, the county was one of the first to begin registering qualified residents, said John Conley, the county's public health director.

"The Board of Supervisors has been very supportive of medical marijuana in general," Conley said.

Maybe that's why, on Thursday, Supervisor Jerry Hill questioned the legitimacy of the raids of the three med-

See POT, Page A-10



Mathew Sumner/San Mateo County Times

A man who suffers from rheumatoid arthritis tends to his marijuana garden in Redwood City, Calif., on Thursday, August 30, 2007.



A pro-medical marijuana sign hangs in Redwood City, Calif., on Thursday, August 30, 2007.

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*Some restrictions apply.
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Advil® Maximum Strength is not available for sale.

We apologize to our retailers and their shoppers.

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A San Mateo area medical marijuana patient prepares nutrient fortified water for his marijuana garden.

Pot

Continued from Page A-9

ical marijuana dispensaries, provided that the businesses were "clearly providing the drug for medical reasons."

Whether the dispensaries were operating within state medical marijuana laws is anyone's guess.

A DEA spokesperson would not comment on the issue and said the agency only concerns itself with federal drug laws. The county's Narcotics Task Force and the San Mateo Police Department, which assisted in the raid after cooperating with a nine-month investigation of the dispensaries, refused to comment on the issue, explaining that the search warrants and other documents related to the case were sealed.

Asked to comment on the case, County Sheriff Greg Munks referred questions to the DEA. Susan Manheimer, San Mateo's chief of police refused to return numerous phone calls seeking an interview.

The raids turned up 50 pounds of processed marijuana, hashish, cannabis-laced edibles and approximately $30,000 in cash, according to a statement released by the DEA. No arrests were reported, and there were no reports that the dispensaries were doing anything not permitted by the state's marijuana laws.

"The absence of a claim that these dispensaries are operating outside of state law jumps out at me," said Bruce Mirken of the Marijuana Policy Project, a Washington, D.C.-based medical marijuana advocacy group.

If the dispensaries were in compliance with state law, Mirken wonders "why on Earth are the San Mateo police involved in a conspiracy to undermine state law? That is truly outrageous."

The answer, said San Mateo Lt. Mike Brunicardi on Thursday, is that the Police Department has "an obligation to the residents of San Mateo" to assist federal agents if they report illegal operations within the city.

But Mirkin contends that a collaboration with federal agents "who believe that the most ethical and humane medical marijuana provider is no different than a common drug dealer" is a bad decision for the community.

The right decision, he said, would be for cities like San Mateo and county government to regulate medical marijuana dispensaries "for the good of the patients and the good of the community."

That sort of progressive thinking stumps some local officials and angers others. While nearly all of the county's supervisors have gone on record defending the use of medical marijuana, the board has yet to enact any ordinances to regulate dispensaries.

San Mateo Mayor John Lee said of the raids: "I'm just thrilled to death they did it. We don't need that kind of stuff in our city."

Those two attitudes - passive support and outright disdain - have shaped public policy regarding medical marijuana in the state.

According to Americans for Safe Access, an Oakland-based medical marijuana advocacy group, 26 cities and eight counties in California have ordinances allowing and regulating dispensaries. An additional 55 cities and two counties have enacted bans (which advocates maintain are illegal), and 75 cities and six counties have imposed temporary moratoria.

The remainder of the state's 478 incorporated cities and 58 counties, like the city of San Mateo and San Mateo County, have yet to specifically address the issue.

"I think that in California we have to find a way to resolve how the distribution of medical marijuana can be achieved in a way that doesn't bring the suspicion and allegation of law enforcement that illegal activities are occurring," said Supervisor Rich Gordon. "We need to find a way for people who need access to this medication to get it."

Asked whether local officials should take up the mantle of regulation, Gordon replied, "I'm not sure that's the way to go." The complications of creating ordinances for 20 cities and the county would prove too difficult, he said.

Supervisor Hill agrees, saying that "the state should regulate, rather than the county."

The legal morass of medical marijuana in the county is a "tragedy," Hill said, because the health benefits of medicinal marijuana are proven and "there should be available places to obtain medical marijuana."

There are currently 880 medical marijuana patients who have been issued state identification cards through the San Mateo County's health department and potentially hundreds more who have obtained an authorized medical marijuana prescription from a physician to treat any number of ailments from Attention Deficit Disorder to arthritis to terminal illnesses, such as cancer and HIV.

Now that the county's three primary medical marijuana dispensaries have been shut down, patients have several choices.

"Those who can will drive to San Francisco or Oakland or wherever there are dispensaries," said Mirken of the Marijuana Policy Project. "But there will be lots of people who can't do that. And those patients will either do without their medicine that their doctor recommended or buy it from drug dealers on the streets."

"How on Earth is either of those outcomes beneficial to the community?" he added.

Asked how the shuttering of the county's medical marijuana dispensaries would affect patients, local officials and law enforcement officers either declined comment or suggested that individuals would just have to travel elsewhere to fill their prescription.

One military veteran living in Redwood City is one of the hundreds - potentially thousands - of county residents who will be affected by the raids.

Mike wishes to remain anonymous because, under state law, his prescription allows him to grow a handful of marijuana plants to treat his chronic rheumatoid arthritis. He's afraid the federal government will take away the medication which makes his life bearable.

He has smoked marijuana for decades. In 1969, his doctor at Kaiser Permanante recommended the drug as a tool to treat his condition. But the medical marijuana laws limit the amount he grows, and he has been forced to supplement his supply from medical marijuana dispensaries. Now, he doesn't know what he'll do.

"I don't want to drive all over the Bay Area looking for it," he said. "I would rather not have to go through that. I want to be able to know where I can get this stuff when I need it from a safe place - and as convenient as possible would be nice."

Asked whether the county - which officially supports medical marijuana but whose law enforcement agencies continue to oppose the medication - has supported medical marijuana users, his reply was succinct.

"What has the county done for me?" he said. ""In my opinion, the county has done nothing."

MediaNews staff writer Harrison Sheppard contributed to this report. Staff writer Michael Manekin can be reached at mmanekin@sanmateocountytimes.com.



Most medical marijuana patients smoke pot rather than ingest it it pill or even food-laced forms.



SOUND ADVICE

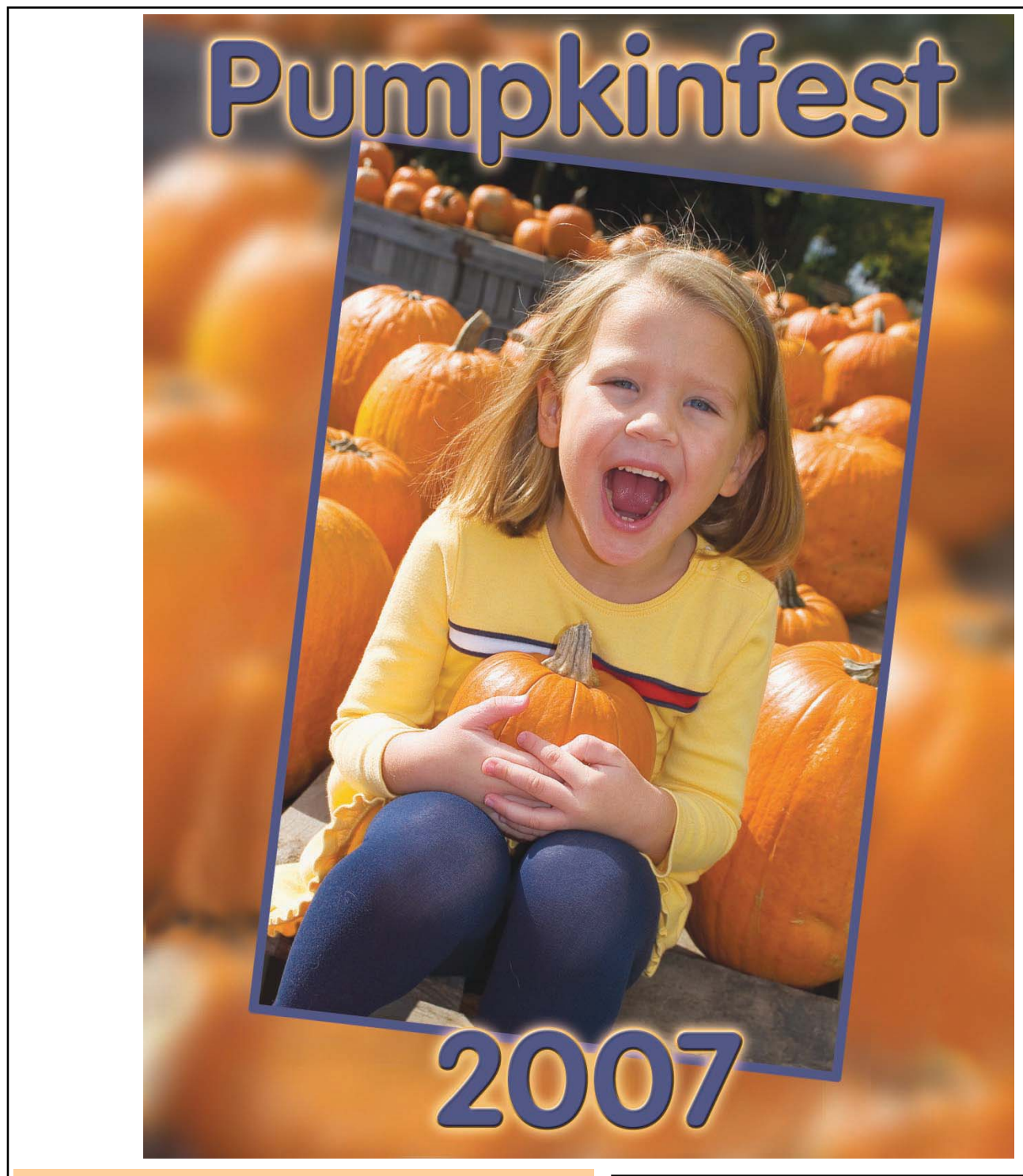


Glynis Tambornini, MS, CCC-A

My sister recently got a new hearing aid, can I use her old one?

There are two issues we need to address here. First we need to compare the two hearing losses and the amount of power the hearing aid provides. If your sister has a profound lost and you have a moderate high frequency loss, this hearing aid will not be appropriate for you. Secondly, we have the fit issue. To get the best performance in a hearing aid, the unit itself should be custom made to fit the shape of your ear. This is because the shape of each ear is unique.

Mendocino-Lake Audiology
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463-2966



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Ukiah Daily Journal - October 7th & 8th

Journal Sampler - October 9th

online at ukiahdailyjournal.com

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3-DAY FORECAST

TODAY
68°
Low clouds breaking for some sun and cooler

TONIGHT
40°
Clear to partly cloudy and chilly

SATURDAY
74°
44°
Plenty of sun

SUNDAY
72°
47°
Partly sunny

SUN AND MOON

Sunrise today	7:05 a.m.
Sunset tonight	7:01 p.m.
Moonrise today	7:56 p.m.
Moonset today	9:27 a.m.

MOON PHASES

Last	New	First	Full
Oct. 3	Oct. 10	Oct. 19	Oct. 25

ALMANAC

Ukiah through 2 p.m. Thursday

Temperature

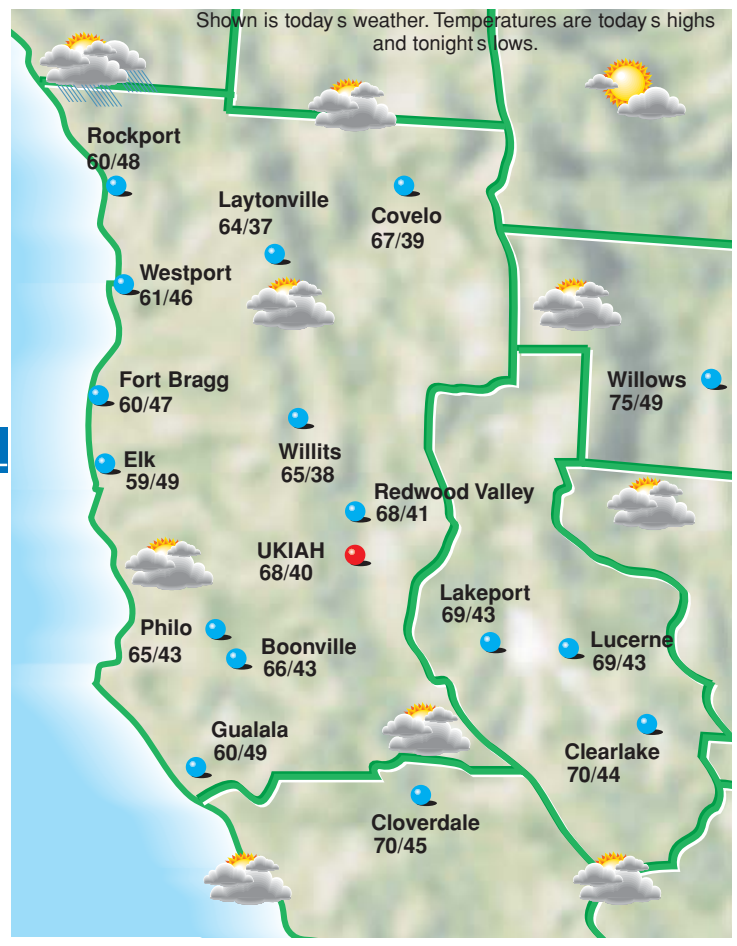
High	87	
Low	45	
Normal high	83	
Normal low	50	
Record high	103	in 1958
Record low	35	in 1924

Precipitation

24 hrs to 2 p.m. Thu.	0.00"
Month to date	0.06"
Normal month to date	0.58"
Season to date	0.18"
Last season to date	0.00"
Normal season to date	0.77"

Forecasts and graphics provided by **AccuWeather, Inc.** 2007

REGIONAL WEATHER



CALIFORNIA CITIES

City	Today Hi/Lo/W	Sat. Hi/Lo/W	City	Today Hi/Lo/W	Sat. Hi/Lo/W
Anaheim	75/59/pc	75/58/pc	Napa	72/49/pc	78/42/pc
Antioch	71/50/s	76/50/s	Needles	96/68/s	90/61/s
Arroyo Grande	68/50/pc	71/43/pc	Oakland	65/50/pc	69/51/pc
Atascadero	73/46/pc	75/43/pc	Ontario	75/56/pc	83/56/pc
Auburn	72/48/s	75/49/s	Orange	75/58/pc	75/53/pc
Barstow	86/58/s	79/53/s	Oxnard	69/56/pc	71/55/pc
Big Sur	66/48/pc	69/51/pc	Palm Springs	89/63/s	87/62/s
Bishop	78/45/s	72/36/s	Pasadena	74/55/pc	80/57/pc
Blythe	94/65/s	89/60/s	Pomona	76/55/pc	82/51/pc
Burbank	72/58/pc	79/56/pc	Potter Valley	68/41/pc	74/42/s
California City	79/52/s	74/52/s	Redding	71/50/pc	75/44/s
Carpinteria	65/55/pc	66/50/pc	Riverside	76/51/pc	82/53/pc
Catalina	66/57/pc	66/55/pc	Sacramento	74/47/s	77/47/s
Chico	74/49/pc	78/47/s	Salinas	65/49/pc	70/47/pc
Crescent City	57/43/r	58/49/pc	San Bernardino	76/53/pc	83/54/pc
Death Valley	97/69/s	92/60/s	San Diego	70/62/pc	70/62/pc
Downey	73/58/pc	75/60/pc	San Fernando	74/53/pc	80/55/pc
Encinitas	71/58/pc	71/57/pc	San Francisco	63/53/pc	67/55/pc
Escondido	76/56/pc	75/55/pc	San Jose	67/51/pc	73/50/pc
Eureka	60/40/pc	62/44/pc	San Luis Obispo	67/51/pc	73/47/pc
Fort Bragg	60/47/pc	62/48/pc	San Rafael	62/51/pc	66/45/pc
Fresno	81/53/s	77/51/s	Santa Ana	73/61/pc	73/61/pc
Gilroy	70/47/pc	74/46/s	Santa Barbara	69/51/pc	72/48/pc
Indio	92/63/s	90/58/s	Santa Cruz	67/49/pc	71/50/pc
Irvine	73/61/pc	73/61/pc	Santa Monica	70/57/pc	72/58/pc
Hollywood	72/56/pc	74/59/pc	Santa Rosa	70/44/pc	77/42/pc
Lake Arrowhead	68/41/s	75/39/s	S. Lake Tahoe	57/26/s	55/27/s
Lodi	76/49/s	78/46/s	Stockton	75/49/s	79/45/s
Lompoc	65/51/pc	70/55/pc	Tahoe Valley	57/26/s	55/27/s
Long Beach	72/59/pc	74/60/pc	Torrance	72/58/pc	72/61/pc
Los Angeles	72/59/pc	75/60/pc	Vacaville	72/48/s	79/47/s
Mammoth	55/31/s	59/25/s	Vallejo	65/51/pc	67/45/pc
Marysville	74/49/s	78/44/s	Van Nuys	73/55/s	81/56/pc
Modesto	77/51/s	76/47/s	Visalia	80/48/s	74/47/s
Monrovia	74/55/pc	81/58/pc	Willits	65/38/pc	72/40/s
Monterey	63/52/pc	65/50/pc	Yosemite Valley	78/45/s	71/36/s
Morro Bay	64/52/pc	65/51/pc	Yreka	62/31/pc	65/31/s

Weather (W): **s**-sunny, **pc**-partly cloudy, **c**-cloudy, **sh**-showers, **t**-thunderstorms, **r**-rain, **sf**-snow flurries, **sn**-snow, **i**-ice.

Lake Mendocino – Lake level: 721.69 feet; Storage: 43,816 acre-feet (Maximum storage 122,500 acre-feet) Inflow:/Outflow: Not reported
Air quality – Ozone: .057 ppm (State standard .090 ppm) Carbon monoxide: .45 ppm (20.0 ppm) Nitrogen dioxide: .021 ppm (.25 ppm)

Pumpkins

Continued from Page A-1

"You can't just put seeds in the ground and say, 'I'm gonna get a big one,'" he explained.

At Fillmore's house the season for growing giant pumpkins begins typically between April 15 and 20 -- depending on the cycle of the moon. Fillmore said he prefers to plant his pumpkins with the absence of light from the new moon each April.

"I like to start right around the new moon. It always seems to be a good time of year to plant them," he said.

From there, months of watering and misting -- as much as three times daily -- leads to the all-important pollination process Fillmore begins during the first week of July. A relatively delicate process, Fillmore said he looks for a healthy male flower to pollinate female flowers growing on the main vine. He said he rubs the pollen of the flowers together, and in an effort to keep bees away he said he ties the female flower shut until it begins to produce fruit.

As the mercury rises during July, Fillmore closely watches each pumpkin with a tape measure in hand. Fillmore has to carefully measure all the pumpkins during this time to determine which ones are growing the fastest. Once he determines the biggest three or four pumpkins in the patch, the rest are eliminated so that all fertilization and sunlight go directly to the surviving pumpkins.

"It's a lot of work," Fillmore explained. "I try to keep a good-sized pumpkin on the main vine. They just get bigger that way."

With his biggest pumpkins in sight, Fillmore begins to take delicate care of the potentially prize-winning pumpkins that will continue to expand at the rate of inches each day. Fillmore covers his pumpkins with tarps and sometimes blankets to keep them warm while not exposing them to excessive sunlight. The rest is just patience.

With a resumé of giant pumpkins grown that includes pumpkins of 800, 900 and more than 1,000 pounds, Fillmore has figured out exactly why he keeps up this giant-sized hobby.

"I do it just for that," Fillmore said, while laughing and pointing at one of his back-up pumpkins for the Weigh-Off easily weighing more than 500 pounds with the meat of the pumpkin as thick as eight inches.

Getting these monsters to the weigh-off is quite a process that Fillmore said involves forklifts, trailers "and a lot of patience."

"These pumpkins just get so big I hope they don't break," he said.

The Giant Pumpkin Weigh-off is part of the 14th-Annual Pumpkinfest taking place Oct. 13 and 14 in downtown Ukiah.

For more photos of Fillmore's giant pumpkins and garden visit www.ukiahdailyjournal.com.

Zack Sampsel can be reached at udjzs@pacific.net.

Link

Continued from Page A-1

Previous studies have shown a link between alcohol consumption and breast cancer, but there have been conflicting messages about whether different kinds of alcohol were more dangerous than others.

The researchers, led by Dr. Arthur Klatsky of the Kaiser Permanente Medical Care Program in Oakland, revealed their findings at a meeting of the European Cancer Organization in Barcelona.

Researchers analyzed the drinking habits of 70,033 women of various races and asked them questions during health exams between 1978 and 1985. By 2004, 2,829 of these women had been diagnosed with breast cancer.

Klatsky and his colleagues looked at which types of alcohol the women drank, as well as their total alcohol intake. They compared that to women who had less than one drink a day.

Researchers found no difference in the risk of developing breast cancer among women who drank wine, beer, or liquor. Compared with light drinkers — those who had less than one drink a day — women who had one or two drinks a day increased their risk of developing breast cancer by 10 percent. Women who had more than three drinks a day raised their risk by 30 percent.

"A 30 percent increased risk is not trivial," Klatsky said. "It provides more evidence for why heavy drinkers should quit or cut down."

The link between alcohol and breast cancer is not new. A 1988 information sheet published by Cornell University states that, "Researchers have reported that there is a weak association between alcohol consumption and breast cancer in women who drink one alcoholic beverage a day. Drinking more, about 2 to 5 drinks per day, may be associated with a rate of breast cancer that is about 40 percent higher than the rate for nondrinkers."

Meanwhile, Wine Spectator magazine's Web site points to a 2005 Australian study in which scientists "report that eating high amounts of folic acid - which is found in leafy greens, citrus fruits, beans and peas - may wipe out any risk of breast cancer attributable to moderate alcohol consumption."

According to the Spectator, "'Any adverse effect of alcohol consumption (on breast cancer risk) may be reduced by sufficient dietary intake of folate,' wrote the authors, led by Laura Baglietto, senior researcher at the Cancer Council Victoria, a research charity. Folate, or folic acid, is a B vitamin that helps produce red blood cells and create and maintain the DNA of new cells."

"In fact," the Spectator continues, "the study, which was published in the Aug. 8 (2005) issue of the British Medical Journal, found that the women who averaged two or three drinks a day and who consumed Australia's recommended daily allowance of folic acid even had a somewhat lower risk for breast cancer than the nondrinkers who consumed the same amount of folate."

Some experts said this week that people might be confused by suggestions that drinking red wine is healthy, since some studies have suggested that it protects against heart disease.

"None of these mechanisms have anything to do with breast cancer," Klatsky said. Though it is not entirely clear how alcohol contributes to breast cancer, some experts think it raises hormone levels in the blood to levels that could potentially cause cancer.

Still, doctors said that other factors, such as genetics, obesity, and age, were more important in raising the breast cancer risk than was alcohol consumption.

More public education may be needed. "Alcohol has had a lot of good publicity. People may not realize the risk they're taking when they have a few drinks," said Tim Key, of the Cancer Research UK Epidemiology Unit at Oxford. Key was not involved in the study.



Presidio Brass in Ukiah Saturday

Saturday marks the opening new series of four concerts for the Ukiah Community Concert Association's 2007-2008 season. The program will be held at the Ukiah High School auditorium, and will start at 8 p.m. (Members will note that this is a change from the usual 7:30 p.m. time.)

Members who participated in a recent poll declared that brass groups were among their very favorite concerts. So, by popular demand, the first group selected to open the series is the Presidio Brass.

Presidio Brass performances include music ranging in style from the Renaissance to contemporary jazz and film scores.

The five-member group consists of Frank Glasson, trumpet; Ray Nowak, trumpet; Mike McCoy, horn; Sean Reusch, trombone; and Scott Sutherland, tuba.

Individual tickets to the performance are available at the Mendocino Book Co., the Leaves of Grass bookstore in Willits and at the door; $20. for adults, and $5. for students with an adult.

For further information about the Presidio Brass concert or becoming a member of the Ukiah Community Concert Association, please call the UCCA hotline at 463-2738 in Ukiah, 459-3466 Willits or 262-1116 in Lakeport.

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3:10 to Yuma 7:10 R
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Getting ready for PumpkinFest

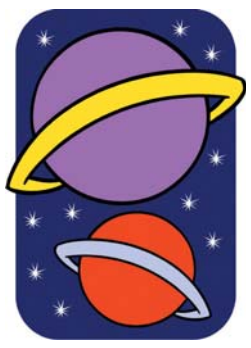
Baking, eating contests on tap



Ukiah youngsters gobble up cheesecake at the 2006 contest.

'Out of this World Pumpkins' themed PumpkinFest Parade set for Oct. 13

The City of Ukiah invites the public to participate in this year's parade, with the theme of "Out of this World Pumpkins." The parade is scheduled to start at 10 a.m., rain or shine. The parade will start at the Redwood Empire Fairgrounds.
To enter, call 463-3668; entries close Oct. 5.



Volunteers needed for Meteorite Alley

The Ukiah Main Street Program is looking for at least forty volunteers for the fourteenth annual Ukiah Country Pumpkinfest Wine and Brew Tasting on Oct. 13 and 14, from 1 to 4 p.m. The outer-space themed event will include a children's carnival, a haunted house, arts and crafts vendors, and the wine and brew tasting.

They need volunteers to help them with set-up, ticket sales, wine/beer tasting pourers, one super-hero volunteer, ten checking, and general clean-up. There is a lot of room for new volunteers that are fun and responsible.

To sign up to volunteer, drop by the Main Street Program office at 200 School Street, or call 463-6729 to sign up.

Cheesecake eating contest Oct. 13for a good cause

Cheesecake Momma is sponsoring the 2nd Annual Cheesecake Eating Contests to be held at their Pumpkinfest Celebration on Saturday, Oct. 13 at 2:30 p.m., at the corner of School and Standley Streets. There are four contests this year, (last year there were only 3 contests but people had to be turned away), ages 6 to 9, 10 to 14, 15 and up, and teams of 4. The entry fee is $5 per person and $15 for a team of 4.

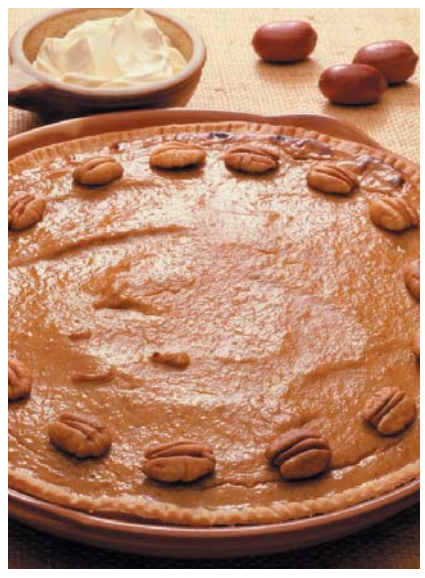
Entrants can sign up at Cheesecake Momma, on the corner of School and Henry Streets, where the public can also purchase raffle tickets for the prizes that have been donated from many of Ukiah's merchants.

Raffle tickets are $2 for one or $5 for three tickets. All proceeds go to the Nathan Villagomes Scholarship Fund, which benefits selected graduating seniors from Ukiah High School every year. Tee shirts are also available.

For more information, call Cheesecake Momma 462-2253.

Pumpkin Baking Contest

Break out your best Pumpkin recipes and sharpen your culinary skills! The Ukiah Country Pumpkinfest is holding its second annual "Pumpkin Baking Contest" which will take place on Sunday, Oct. 14. Enter your famous pumpkin pie recipe or enter the new division for creative pumpkin baked goods including muffins, cookies and much more! Entry forms are available at the City of Ukiah, Community Services Department, 411. W. Clay Street or visit the website at www.cityofukiah.com Deadline to enter is Friday, Oct. 12 at noon. Prizes will be awarded for 1st, 2nd, and 3rd places in each division. First Place winners will be published in the 2008 Fall edition of the City of Ukiah Recreation Guide. For more information, please call 463-6231



Free PumpkinFest entertainment needed

The City of Ukiah Community Services Department has announced that the PumpkinFest Committee is looking for free local entertainment for the Standley Street Children's Stage and other areas. PumpkinFest is set to take place Oct. 13 and 14.
If interested in providing entertainment, or for more information, contact Judy Pruden at 462-4945.

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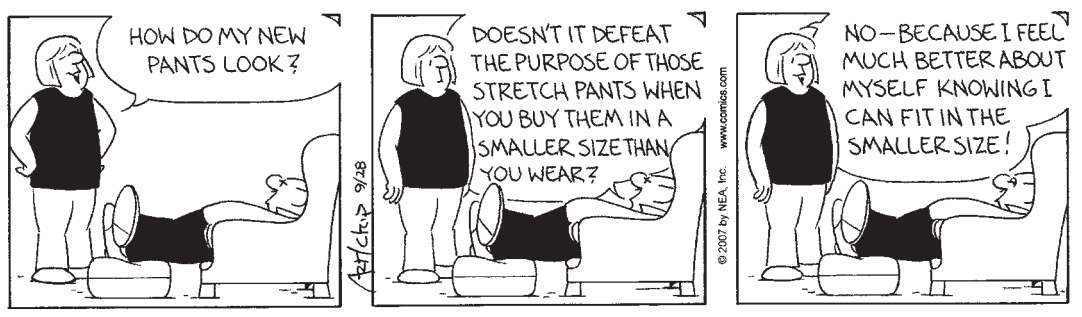
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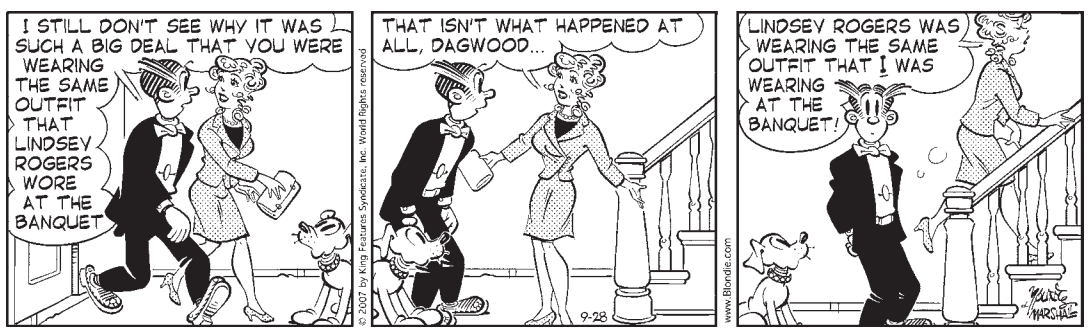
THE BORN LOSER by Art and Chip Sansom



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BLONDIE by Dean Young and Jim Raymond



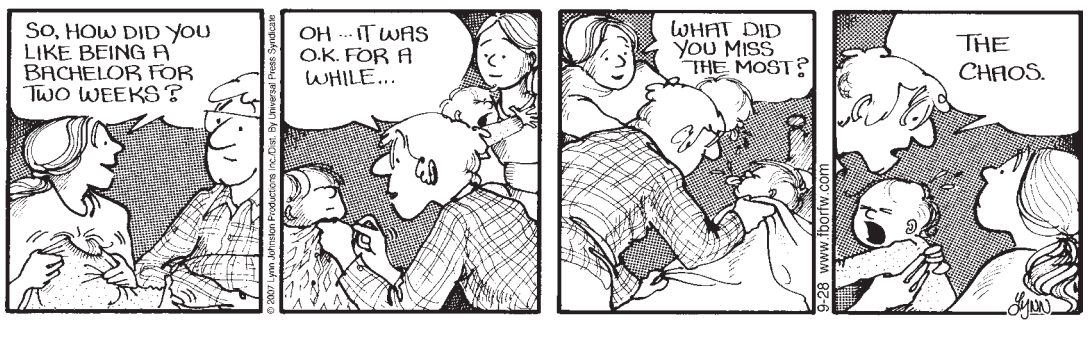
DILBERT by Scott Adams



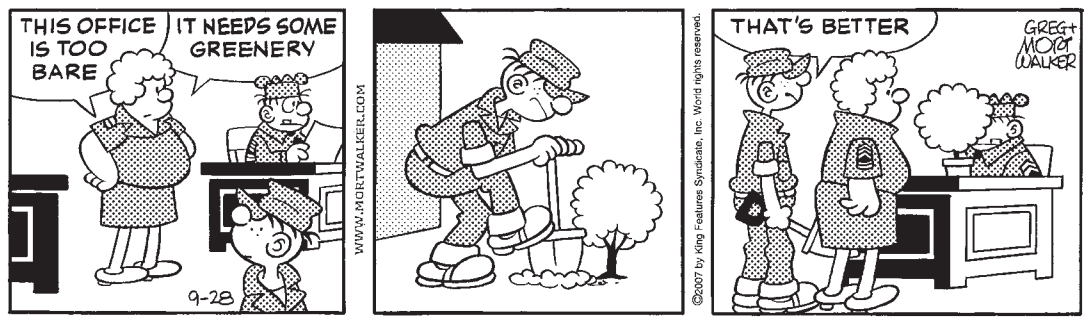
FRANK AND ERNEST by Bob Thaves



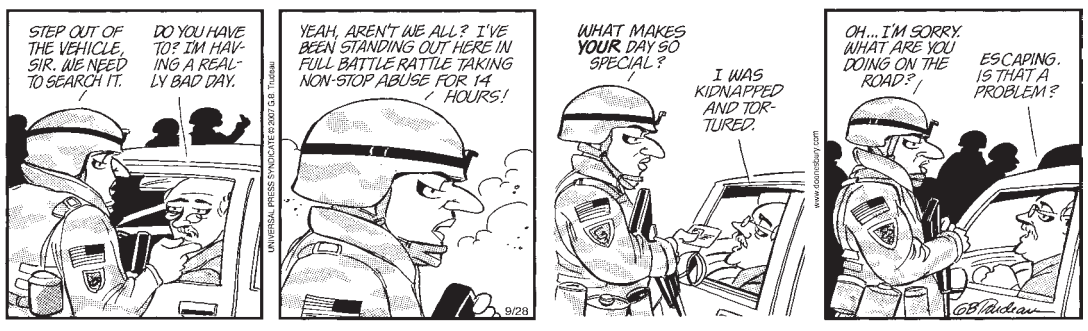
FOR BETTER OR FOR WORSE by Lynn Johnson



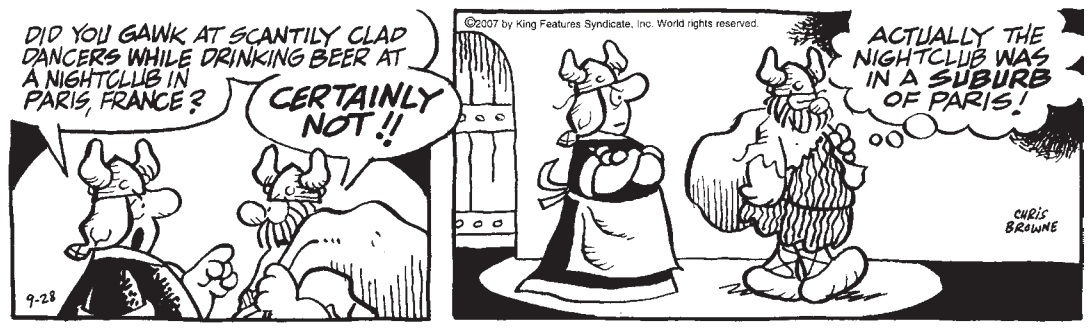
BEETLE BAILEY by Mort Walker



DOONESBURY by Gary Trudeau



HAGAR THE HORRIBLE by Dik Browne



Datebook: Friday, Sept. 28, 2007

Today is the 271st day of 2007 and the 6th day of autumn.

TODAY'S HISTORY: In 1066, William the Conqueror invaded England.

In 1850, the U.S. Navy banned flogging as a form of punishment.

In 1972, Japan and China agreed to re-establish diplomatic relations.

TODAY'S BIRTHDAYS: Ed Sullivan (1901-1974), entertainer; Al Capp (1909-1979), cartoonist; Marcello Mastroianni (1924-1996), actor; Brigitte Bardot (1934-), actress, is 73; Ben E. King (1938-), singer, is 69; Janeane Garofalo (1964-), comedian/actress, is 43; Naomi Watts (1968-), actress, is 39; Gwyneth Paltrow (1973-), actress, is 34; Hilary Duff (1987-), actress, is 20.

TODAY'S SPORTS: In 1941, Ted Williams went 6-for-8 in a doubleheader to finish the season with a batting average over .400 (.406).

TODAY'S QUOTE: "I don't like people who have never fallen or stumbled. Their virtue is lifeless, and it isn't of much value. Life hasn't revealed its beauty to them." -- Boris Pasternak

TODAY'S FACT: William the Conqueror rose to power despite early controversy that he was an illegitimate child.

TODAY'S MOON: Between full moon (Sept. 26) and last quarter (Oct. 3).



ASTROGRAPH

By Bernice Bede Osol

Your Birthday

Saturday, Sept. 29, 2007

You could be quite fortunate with friends or acquaintances willing to work on your behalf in order to gain advantageous arrangements for you. Doors could be opened to you without having to make a request.

LIBRA (Sept. 23-Oct. 23) -- Betting on "pie in the sky" will be toying with folly, especially if the endeavor is predicated on something over which you have no control. You could lose it all.

SCORPIO (Oct. 24-Nov. 22) -- Give explicit instructions to the one who is attending an important matter, especially if you can't do it yourself. Merely assuming he or she should understand what you want is a big mistake.

SAGITTARIUS (Nov. 23-Dec. 21) -- Even though the possibilities for material gain look reasonably good, they aren't apt to gratify your wants or expectations. Don't overestimate what you think you should make.

CAPRICORN (Dec. 22-Jan. 19) -- Should you come across something you strongly desire when shopping, all your economic discipline could fly out the window. Don't forget your other financial responsibilities so quickly.

AQUARIUS (Jan. 20-Feb. 19) -- Your generosity will have limitations regarding those persons for whom you're responsible. Yet when it comes to your own desires, you'll suddenly turn into being a liberal spender.

PISCES (Feb. 20-March 20) -- What you say is apt to be rigorously scrutinized for slights or innuendos by your companions. Some remarks that seem harmless may be judged as contemptible.

ARIES (March 21-April 19) -- A close friend who is always wasteful with resources might look upon yours as his or her personal stash. Don't let this person pull a pity party in order to get a hold of your cash.

TAURUS (April 20-May 20) -- Your inner Sarah Bernhardt may be vying for attention and encourage you to do a bit of playacting. You won't win your audience's attention by pretending to be what you're not.

GEMINI (May 21-June 20) -- Although your intuitive perceptions may be right on target in some areas, your insights regarding human behavior in social situations will sadly be way off track. Don't rely on them.

CANCER (June 21-July 22) -- Be wary of acting on an impulsive action, especially if it involves a combination of money and friends. Conditions will be much more conducive to loss when it comes to gambling.

LEO (July 23-Aug. 22) -- Devote your time and effort to performing your duties with responsibility and devotion where your work or career is concerned. Put personal problems behind you so that you're not distracted.

VIRGO (Aug. 23-Sept. 22) -- There is a good chance you could spend more time rationalizing on the difficulty of a project than on trying to do your best. Negative thinking will only make the job more tedious.

Major changes are ahead for Libra that you'll want to know about. Send for your Astro-Graph predictions for the year ahead by mailing $2 to Astro-Graph, c/o of this newspaper, P.O. Box 167, Wickliffe, OH 44092-0167.



TIME OUT

Editor: Chris McCartney, 468-3524 The Ukiah Daily Journal udj@pacific.net

Puzzlers

ACROSS

1 Guitarist — Clapton
5 Pound sound
8 Fish bait
12 Rajah's wife
13 Python or wrap
14 Drama award
15 Incites Rover
16 Sequel's sequel
17 Take a powder
18 Went steady
20 Lawsuit cause
22 Previous to
23 Earth's star
24 Violet lead-in
27 Provides food
30 Cel character
31 Furniture buy
32 Just scrape by
34 Miller or Blyth
35 Old ruler of Venice
36 Damsel
37 Brilliance
39 Dizzy
40 — -advised
41 Moist
42 Bookcase part
44 Furry swimmer
47 Cartel
48 Athena's symbol
50 Quiz
52 Sturdy lock
53 Klutz
54 Pleasant
55 Fleecy animals
56 Recolor
57 Cook slowly

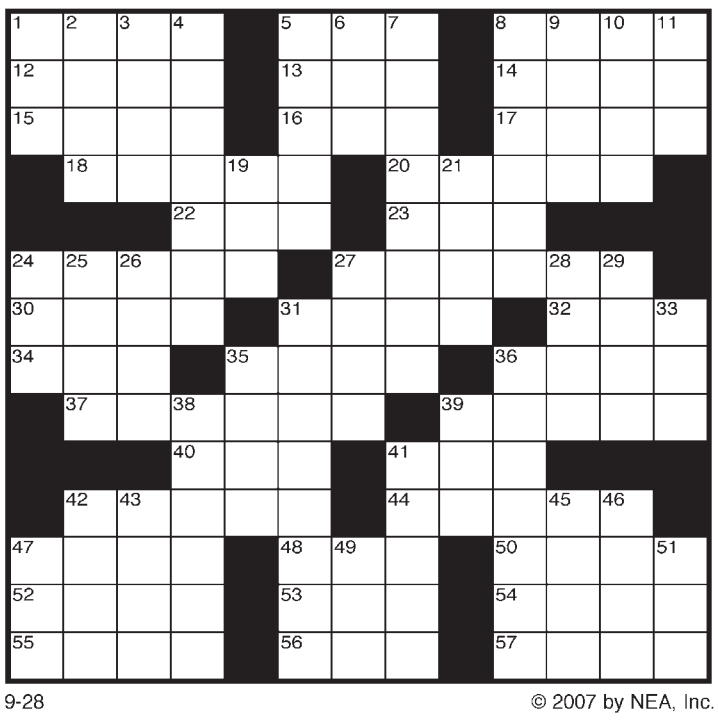
DOWN

1 Uh's cousins
2 Speakeasy risk
3 Early Peruvian
4 Water tank
5 Stay
6 King, to monsieur
7 Goof-proof (hyph.)
8 Teeter
9 Wind instrument
10 Lunar valley
11 NYC opera house
19 Diamond stat
21 Tiny amount
24 Ms. Hagen of films
25 Pine for
26 Firm up
27 Machine teeth
28 Skimmed through
29 Veer out of control
31 Ham hocks, e.g. (2 wds.)
33 Ben & Jerry rival
35 Pickle choice
36 Hand warmers
38 Family connections
39 Obtain
41 Rex Stout detective
42 Deli serving
43 Opening
45 Way out
46 Road rally
47 Top seed's reward
49 Passage
51 Kitten's plea

Answer to Previous Puzzle

■	L	U	C	Y	■	■	■	F	E	R	N	S
M	A	R	A	U	D	■	J	U	L	I	E	T
O	R	A	C	L	E	■	E	N	I	G	M	A
W	A	L	T	■	N	O	D	■	■	S	O	Y
■	■	■	I	N	S	P	I	R	E	■	■	■
B	I	B	■	Y	E	T	■	O	P	U	S	■
A	V	A	I	L	S	■	E	D	I	T	O	R
R	E	B	O	O	T	■	D	E	C	A	D	E
■	S	A	W	N	■	P	U	N	■	H	A	D
■	■	■	A	S	P	E	C	T	S	■	■	■
A	W	E	■	■	A	N	A	■	O	L	L	A
N	E	W	T	O	N	■	T	H	R	O	A	T
T	R	E	A	D	S	■	E	U	R	O	P	E
E	E	R	I	E	■	■	■	G	Y	M	S	■

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THE LEARNING CHALLENGER

by Robert Barnett

DIRECTIONS:

A. Using each "Chaos Grid" number with its letter one time, arrange the numbers with their letters for the "Order Grid" so each vertical column, horizontal row, and two diagonals each ADD to numbers inside thick lined cells.

B. Some correct numbers with their letters have been put into the "Order Grid" to get you started. Also, above the "Order Grid" is a "Decoded Message" clue.

C. After you have solved the "Order Grid" doing as direction "A" says, put the letters from horizontal rows, from left to right, under "Decoded Message" and make words to form the answer.

CHAOS GRID

18 E	36 B	28 I	35 S
18 N	28 H	13 E	33 D
13 R	13 O	13 E	19 Y
34 R	30 W	19 R	30 N

CLUE: THUNDER GULCH

ORDER GRID

				95
				95
	30 W			95
30 N		19 R		95
			13 E	95
95	95	95	95	95

9/28/2007

DECODED MESSAGE:

ANSWERS IN NEXT EDITION

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Answers to Previous *Learning Challenger*
MINUEND AND FACTOR

17 M	22 I	19 N	12 U
11 E	20 N	23 D	16 A
18 N	11 D	16 F	25 A
24 C	17 T	12 O	17 R

9/27/2007

Run in papers of Friday, Sept. 28, 2007

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

Today's clue: W equals P

"Z F U D U R P H C M J B Z C O U Z D I G B
V D U J Z R H Z F R P M C D G K. M U J D U J G G
R L W J G U K C H Z F U E D C C A C S
E C H K R Z R C H R H V." - Y J L U P K U J H

PREVIOUS SOLUTION — "No matter what culture we're from, everyone loves music." -Billy Joel
"Music is the soundtrack of your life." - Dick Clark

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JUMBLE®

THAT SCRAMBLED WORD GAME
by Henri Arnold and Mike Argirion

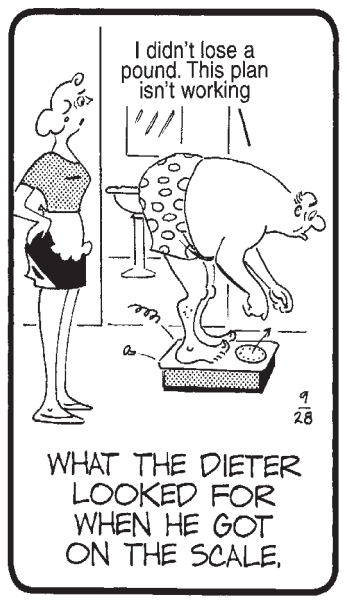
Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

TOHRT

TOBEG

SWEFET

FEENID



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

A: A _____ " _____ "

(Answers tomorrow)

Yesterday's Jumbles: RAVEN QUASH BUBBLE UNRULY
Answer: What a Londoner uses for a "line" — A "QUEUE"

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www.jumble.com

Work friend is abusing the company's freedoms

ANNIE'S MAILBOX

By Kathy Mitchell and Marcy Sugar

Dear Annie: I have a wonderful job and love coming to work every day. My concern is my manager. "Sally" is a great gal, and we get along wonderfully, but she abuses the company horribly.

We are part of a larger company, and our outside supervision is minimal. Sally constantly takes vacation days and does not report them to our corporate office. She gets paid if she is in the office or not, but when no one knows she is gone, there is no replacement and I have to pick up the slack. She has taken over 13 days of vacation and is only allowed 12. She also takes whatever is in our monthly petty cash and deposits it into her personal account.

I think I should notify someone in our corporate office, but I like Sally and don't want there to be hostility in our office or for her to lose her job. We were recently bought out by another company that is more "hands-on," so I'm hoping Sally will change her ways. Today, two of our clients screamed at me because Sally didn't follow through with them. And she is taking another vacation day.

I am finding it harder to look past the little white lies. Please help. -- Frustrated at Work

Dear Frustrated: Sally may be a great gal and fun to be around, but she is taking advantage not only of the company, but also of you. Appropriating the petty cash is outright theft. Taking vacation days to which she is not entitled is also theft -- of company time and resources. Start documenting these infractions, just in case you need the back-up. If the new management doesn't solve the problem, tell Sally that you're so sorry, but you will have to report her absences in order to get the extra help you need in the office. She may become angry, but that's not because you've hurt her. It's because you are holding her responsible.

Dear Annie: I'm 25, married four years and work full time. Since our wedding day, we've constantly been asked when we are going to have a baby. After waiting until it was economically feasible, we now have one on the way.

We are both very excited, but now I get these same people asking, "Was it on purpose?" or "Have you been trying a long time?" It's nobody's business if we were trying for a single day or 20 years. Can you please tell people to stop being so nosy? I would never ask someone, "How long did it take you to get pregnant?" What are people thinking? -- Waiting Until Our Little One Arrives

Dear Waiting: Obviously, they aren't thinking at all, or they would never ask such personal questions. The best response is stony silence and a change of subject.

Dear Annie: My husband and I strongly disagree with your advice to "Old Enough to Know Better." While she may feel guilt because her parents seem to be in need, she has no obligation to physically or financially care for them in any way. It is OUR responsibility to take care of ourselves.

We have already taken the time to plan for our aging years by choosing a retirement center that we can afford, and that includes every service we may need from independent living to nursing home without moving to another facility. We even have an account for funeral expenses.

Our children love us dearly, but planning for our future is our job. Our children's responsibility is to care for their children and enjoy their own lives, and our children know this. We have chosen to foster a loving relationship with them, and their caring for us is not a part of the plan. -- Thinking Ahead

Dear Thinking: Your solution is wise, but not common. A lot of readers thought those parents should be left to fend for themselves, but we disagree. Unless there was abuse, we think children have an obligation to see that their parents have at least the minimum care necessary.

FRIDAY EVENING

9/28/07	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
BROADCAST CHANNELS											
2	News	Friends	Friends	MLB Baseball: Angels at Athletics					Ten O'clock News (N)		Seinfeld
4	News (N)		Extra (N)	Hollywood	Deal or No Deal (N)		Las Vegas (Season Premiere) (N) CC				News (N)
5	News (N) CC		Eye-Bay	Judge J.	Ghost Whisperer (N)		Moonlight (N) CC		NUMB3RS (N) CC		News (N)
6	News (N) CC		Jeopardy!	Fortune	Laughs	Laughs	20/20 CC		20/20 CC		News (N)
6	News-Lehrer		Wash Wk	NOW (N)	The War "A Necessary War" CC						Bill Moyers
8	Paparazzi		Alma Gemela		Película se Anunciará				Alma Gemela		Night Show
9	News-Lehrer		Business	N. Calif.	Wash Wk	Check	American Exp.		Bill Moyers Journal (N)		NOW (N)
20	Fresh Pr.	My Wife	My Wife	Jim	Law Order: CI		News		Jim	Married...	Reno 911!
36	Still Stnd	Still Stnd	'70s Show	TMZ (N)	You Smarter?		Nashville (N) CC		Frasier	TMZ CC	HS Sports
40	Family Guy	Seinfeld	Two Men	Raymond	You Smarter?		Nashville (N) CC		News (N) CC		Two Men
44	Lopez	Simpsons	Simpsons	Two Men	WWE Friday Night SmackDown! (N) CC				Family Guy	Family Guy	Two Men
50	The Insider	Entertain	Still Stnd	Still Stnd	Raymond	Raymond	Frasier	Frasier	The Insider	Entertain	Blind Date
CABLE CHANNELS											
A&E	Cold Case Files CC		CSI: Miami "The Oath"		CSI: Miami CC		CSI: NY CC		Intervention "Laney"		Intervent
AMC	(5:00) ★★ **"Sister Act"**		**Movie:** ★★½ **"Indecent Proposal"** (1993) Robert Redford.						**Movie:** ★★½ **"House"** (1986) William Katt.		
COM	(5:00) **"Big Trouble"**		Scrubs	Scrubs	Daily Show	Colbert	Mencia	Mencia	South Park CC		South Park
DISC	Cash Cab	Cash Cab	Survivorman CC		Survivorman		Survivorman CC		Survivorman CC		Survivor
DISN	Cory	Cory	Montana	Suite Life	Montana	Cory	**Movie:** ★★½ **"Sky High"** (2005)			Phineas	Suite Life
ESPN	MLB Baseball		Baseball Tonight CC		SportsCenter (Live) CC		Baseball	NFL Live	SportsCenter (Live) CC		SportsCtr.
FAM	8 Rules	8 Rules	**Movie: "Bring It On: All or Nothing"** (2006) CC				**Movie: "Bring It On: All or Nothing"** (2006) CC				700 Club
FSB	Baseball	Pregame	MLB Baseball Los Angeles Angels of Anaheim at Oakland Athletics. (Live)						Final Score	Baseball	Football
LIFE	Reba CC	Reba CC	Still Stnd	Still Stnd	Reba CC	Reba CC	**Movie: "'Til Lies Do Us Part"** (2007) Premiere.				Will-Grace
NICK	Zoey 101	School	School	Drake	Tak, Power	Avatar	El Tigre	Nicktoon	Home Imp.	Lopez	Home Imp.
SCI FI	Flash Gordon (N) CC		Stargate Atlantis (N)		Flash Gordon CC		Stargate Atlantis CC		Doctor Who CC		Battlestar
TBS	Friends	Raymond	Raymond	Raymond	Raymond	Raymond	**Movie:** ★★★½ **"Shrek"** (2001) (PA) CC				Sex & City
TNN	CSI: Crime Scn		CSI: Crime Scn		CSI: Crime Scn		UFC Fight Night				Sports
TNT	**Movie:** ★★★ **"The Patriot"** (2000, War) Mel Gibson. CC (DVS)						Law & Order CC (DVS)		Law & Order "Identity"		Law-Order
USA	Law Order: CI		Law Order: CI		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		House CC
WGN	(5:00) ★½ **"Soldier"**		WGN News at Nine (N)		Scrubs	Scrubs	Chappelle	Chappelle	Reno 911!	Reno 911!	Reno 911!
PREMIUM CHANNELS											
HBO	**"Red**	Kingdom	Inside the NFL CC		**"Fast and Furious-Drift"**			Heartbreak	Curb	Curb	Real Time
MAX	**"Island"**	**Movie:** ★★★ **"The Witches of Eastwick"** 'R'			**Movie:** ★★½ **"Idiocracy"** (2006)				**Movie:** ★★★ **"Inside Man"** 'R'		
SHOW	(5:15) ★½ **"In the Mix"**	**Movie:** ★★½ **"Last Holiday"** (2006) 'PG-13'					Weeds	Californ	**Movie: "Mission: Impossible III"**		

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All advertising must be paid in advance unless credit account has been established. Master-Card & Visa are accepted.
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736-07

9-28,10-5,12/07

NOTICE OF TRUSTEE'S SALE

TS# 047-14015 Order # 30071120 Loan # 0036768893/364 Notice of Trustee's Sale YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 11/9/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor(s): Jerry D Jarrell and Michelle R Jarrell, husband and wife as joint tenants Recorded: 11/21/2005 as Instrument No. 2005-25423 in book , page of Official Records in the office of the Recorder of Mendocino County, California; Date of Sale: 10/18/2007 at 10:00 AM Place of Sale: At the main entrance to the Mendocino County Courthouse, 100 North State Street, Ukiah CA Amount of unpaid balance and other charges: $295,869..07 The purported property address is: 234 Garrett Dr Ukiah, CA 95482 Legal Description As more fully described in said Deed of Trust Assessors Parcel No. 001-382-22 The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. Date: 9/21/2007 LandAmerica Default Services Summer Everts, Post Office Box 5899 6 Executive Circle Irvine, CA 92616 (949) 885-4500 Sale Line: 714-573-1965 Reinstatement Line: 949-885-4500 To request reinstatement /and or payoff FAX request to: (949) 885-4496 This office is attempting to collect a debt and any information obtained will be used for that purpose. P321145 9/28, 10/5, 10/12/2007

739-07

9-28,10-2,4/07

NOTICE OF PETITION TO ADMINISTER ESTATE
CASE NO.: SCUK CVPB '07 25100

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **FRANCES MINOTTI**

A PETITION FOR PROBATE has been filed by: **MERCEDES WARNER** in the Superior Court of California, County of Mendocino.

THE PETITION FOR PROBATE requests that: **MERCEDES WARNER** be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the *Independent Administration of Estates Act.* (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action). The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on **OCTOBER 19, 2007** at **9:30 a.m.** in **Dept.: E,** located at: **COURTHOUSE, 100 N. State Street, Ukiah, CA 95482**

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court *before* the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk.

ATTORNEY FOR PETITIONER:
David E. Shell
Atorney at Law
206 S. Oak St.
Ukiah, CA 95482
(707)462-1896

730-07

9-25,28,10-2/07

NOTICE OF PETITION TO ADMINISTER ESTATE
CASE NO.: SCUK CVPB '07 25099

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **PATRICIA GREGSON aka PATRICIA M. GREGSON aka PATRICIA MAY GREGSON aka PATTY GREGSON**

A PETITION FOR PROBATE has been filed by: **PETER R. GREGSON** in the Superior Court of California, County of Mendocino.

THE PETITION FOR PROBATE requests that: **PETER R. GREGSON** be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the *Independent Administration of Estates Act.* (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action). The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on **October 12, 2007** at **9:30 a.m.** in **Dept.: E,** located at: **MENDOCINO COUNTY COURTHOUSE, 100 N. State Street, Ukiah, CA 95482**

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court *before* the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk.

ATTORNEY FOR PETITIONER:
Phillip M. Vannucci
444 North State St.
Ukiah, CA 95482
707-462-6694

691-07

9-7,14,21,28/07

SUMMONS *(CITACION JUDICIAL)*
CASE NUMBER: (Numero del Caso)
SCUK CVG 07' 99857

NOTICE TO DEFENDANT: (Aviso a Acusado) **EUGENE H. BENSON and HELEN S. BENSON, CREEKBRIDGE HOMES, LLC, CREEKBRIDGE HOMEBUILDERS, LLC, All Persons Uknown, Claiming any Legal or Equitable Right, Title, Estate, Lien or Interest in the Property Described in the Complaint Adverse to Plaintiff's Title or any Cloud on Plaintiff's Title Thereto, and DOES 1 through 100, inclusive.**

YOU ARE BEING SUED BY PLAINTIFF: (A Ud. le está demandando) **LISA RAY KELLY, Trustee of the RAY KELLY REVOCABLE LIVING TRUST, Dated October 29, 2002.**

You have 30 CALENDAR DAYS after this summons is served on you to file a typewritten response at this court. A letter or phone call will not protect you; your typewritten response must be in proper legal form if you want the court to hear your case. If you do not file your response on time, you may lose the case, and your wages, money and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may call an attorney referral service or a legal aid office (listed in the phone book).

Después de que le entreguen esta citación judicial usted tiene un plazo de 30 DIAS CALENDARIOS para presentar una respuesta escrita a máquina en esta corte. Una carta o una llamada telefónica no le ofrecera protección; su respuesta escrita a máquina tiene que cumplir con las formalidades legales apropiadas si usted quiere que la corte escuche su caso. Si usted no presenta su respuesta a tiempo, puede perder el caso, y le pueden quitar su salario, su dinero y otras cosas de su propiedad sin aviso adicional por parte de la corte. Existen otros requisitos legales. Puede que usted quiera llamar a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de referencia de abogados o a una oficina de ayuda legal (vea al directorio telefónico).

The name and address of the court is: *(El nombre y dirección de la corte es)* **SUPERIOR COURT OF CALIFORNIA, COUNTY OF MENDOCINO, 100 N. State Street, Ukiah, CA 95482**

The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: *(El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es)*
Norman G. Rosen
Norman G. Rosen Attorney At Law
P.O. Box 204
Ukiah, CA 95482
(707) 462-6565
DATE: (Fecha) August 23, 2007
/s/Benjamin D. Stough, Clerk
/s/Karen Crutcher, Deputy

583-07

9-23,28,10-3/07

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case No. **SCUK-CVPT '07 99444**

SUPERIOR COURT OF CALIFORNIA, COUNTY OF MENDOCINO, Court House, Ukiah, CA 95482

IN THE MATTER OF THE APPLICATION OF: Lorraine M. Cordova

THE COURT FINDS that Petitioner(s) **Lorraine M. Cordova** has/have filed a Petition for Change of Applicant(s)' name FROM **Lorraine M. Baker**
TO **Lorraine M. Cordova**

THE COURT ORDERS All people interested in this matter appear before this court to show cause why this application for change of name should not be granted on:

HEARING DATE: **October 12, 2007** at **9:30 a.m**. in **Dept E,** located at **Court House, 100 N. State Street, Ukiah, California 95482**

Dated: **June 28, 2007**
/s/Richard J. Henderson
RICHARD J. HENDERSON
Judge of the Superior Court

PUBLIC NOTICE

695-07

9-7,14,21,28/07

FICTITIOUS BUSINESS NAME STATEMENT
File No.: 2007-F0596

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
LOVE YOUR SELF
14550 Mt. House Rd
Hopland, CA 95449
Fredrick Chambers Lucas
14550 Mt. House Rd.
Hopland, CA 95449
This business is conducted by **an Individual.** The registrant commenced to transact business under the fictitious business name or names listed above on **Sept 1, 2007.** Endorsed-Filed on **08/30/2007** at the Mendocino County Clerks Office.
/s/Fred Lucas
FRED LUCAS

PUBLIC NOTICE

697-07

9-7,14,21,28/07

FICTITIOUS BUSINESS NAME STATEMENT
File No.: 2007-F0604

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
SEVEN PALMS, INC.
585 N. State St.,
Ukiah, CA 95482
SEVEN PALMS, INC.
585 N. State St.,
Ukiah, CA 95482
This business is conducted by **a Corporation. State of incorporation: California.** The registrant commenced to transact business under the fictitious business name or names listed above on **Jan. 1, 2008.** Endorsed-Filed on **08/31/2007** at the Mendocino County Clerks Office.
/s/Donald R. Delahoyde
DONALD R. DELAHOYDE
CEO

PUBLIC NOTICE

698-07

9-7,14,21,28/07

FICTITIOUS BUSINESS NAME STATEMENT
File No.: 2007-F0615

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
SUN VALLEY STORAGE
3401 N. State Street
Ukiah, CA 95482
McGehee Management Group LLC
3401 N. State Street
Ukiah, CA 95482
This business is conducted by **a Limited Liability Company.** The registrants commenced to transact business under the fictitious business name or names listed above on **8-28-2007.** Endorsed-Filed on **09/06/2007** at the Mendocino County Clerks Office.
/s/Clark McGehee
CLARK MCGEHEE
MANAGER

PUBLIC NOTICE

707-07

9-14,21,28,10-5/07

FICTITIOUS BUSINESS NAME STATEMENT
File No.: 2007-F0562

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
DAVINE INTERVENTION
5370 Bus McGall
Ukiah, CA 95482
Adrian Carroll
5370 Bus McGall
Ukiah, CA 95482
This business is conducted by **an Individual.** The registrant commenced to transact business under the fictitious business name or names listed above on **7/11/2007.** Endorsed-Filed on **08/13/2007** at the Mendocino County Clerks Office.
/s/Adrian Carroll
ADRIAN CARROLL

PUBLIC NOTICE

708-07

9-14,21,28,10-5/07

FICTITIOUS BUSINESS NAME STATEMENT
File No.: 2007-F0591

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
TUC RADIO
PO Box 44, 7050 Orr Springs Rd.
Ukiah, CA 95482
Maria L. Eggers
499 Alabama #222
San Francisco, CA 94110
This business is conducted by **an Individual.** The registrant commenced to transact business under the fictitious business name or names listed above on **July 1, 1992.** Endorsed-Filed on **August 28, 2007** at the Mendocino County Clerks Office.
/s/Maria Eggers
MARIA EGGERS

PUBLIC NOTICE

741-07

9-28,10-5,12,19/07

FICTITIOUS BUSINESS NAME STATEMENT
File No.: 2007-F0653

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
INTERIOR STAGING AND REDESIGN BY TENISHA
511 Marlene St
Ukiah, CA 95482
Tenisha Rayven Lace French
511 Marlene St
Ukiah, CA 95482
This business is conducted by **an Individual.** The registrant commenced to transact business under the fictitious business name or names listed above on **9/27/2007.** Endorsed-Filed on **09/27/2007** at the Mendocino County Clerks Office.
/s/Tenisha French
TENISHA FRENCH

20 PERSONALS

A Compassionate Caregiver HISS 162hr/mo $9.50 /hr, Live in position also avail. Shopping, Cooking, Dr. Appts., etc. Benefits. Call 463-2423

Anyone who knows the where abouts of Diane Sue Bench or Casey Rhinn Gilstrap please contact Teena at 705-943-6101 or email me with a number i can call you at gilstrapt@hotmail.com

Local Lady seeks Mendo. Man, 55 to 62, to share new adventures and old favorites. Sherlock@pacific.net

30 LOST & FOUND



I am your basic medsize male brown dog. I seem like a nice guy and do not know how I got myself in this fix. But it is true, after being found on Milani Dr on 9/20 and I was brought to "doggie jail"! So now I sit with 50 other, mostly lost dogs, hoping and hoping my human will find me. I wonder where the people are that own all these dogs! Lost me or another dog? Come to the Ukiah Shelter 298 Plant Rd or call Sage at 467-6453

LOST DOGS 2 Boxers, (1)fawn (1)brindle, Hopland/McNabb Ranch Area since 9/21 Please call 744-1627

LOST Scott & School St. 9/13. Female short hair cat. Teddy bear Siamese, blue eyes, has chip. 1yr old. Ara 707-468-8970



On 9/20 I was running really, really fast. I was sure no one would catch me.
In, out and under those trailers at the trailer park on E. Gobbi and then,
drat I was caught. I am a small guy about 3 years old, brown. At least I
will have food and water at the shelter even if my running days are over.
Come find me at 298 Plant Rd or call Sage at 467-6453. If not found, on 9/26 I can be adopted.

120 HELP WANTED

Caregiver for mental health facility. PT & fill in. Various shifts **$8-$10/hr. 467-0911**

Medical practice patient care coordinator needed full time. Medical exp. & medical terminology highly desired. Pay DOE. Excel. benefits. Fax resume 707-462-4647 or call Lynn 462-3190

120 HELP WANTED

$60,000+ annual earning potential . CLASS A DRIVERS ***Join Our Professional Driving Team***
A local petroleum distributor is currently seeking qualified Applicants will need to have full endorsements, clean DMV, current medical card. Positions are F/T, year-round. Bonus program, health benefits, 401(k) holiday, vacation pay. **Please apply in person at 2401 N. State St. Ukiah 707-462-8811**

ACTIVITY DIRECTOR
F/T 6 mo. exp. req. Must pass drug & criminal background clearance. Wages negotiable **1343 S. Dora St. 462-6212**

AGRICULTURAL TECHNICIAN
MENDOCINO COLLEGE
Ukiah Campus
mendocino.edu
468-3024

ASSISTANT COOK
Must be exp. Pre-employment physical & drug testing req'd. Dental, Vision, Medical benefits. Free co-op child care. **Apply Trinity School 915 W. Church St. Ukiah**

Butte County Office of Education has an opening in Napa County for a Migrant Education Recruiter. Full-time, benefits, Spanish required, starting at $12.70/hr. Deadline to apply: October 3, 2007. Apply online at www.edjoin.org keyword "Butte County".

CHEVRON is now hiring self motivated employees. Full & PT positions available. **Apply within 50 W. Lake Mendocino Dr. or 1099 S. State St. Ukiah**

Classified Representative position available. Approximately 32 hours week. No weekends. Must have great customer service skills, excellent phone skills, good spelling and typing abilities. Must be reliable, self motivated and able to pass drug & background check. Starting pay $8.50 hour plus commission. Some benefits. **Pick up application HOMETOWN SHOPPER 194 Ford Rd. Ukiah or call Pam 467-9111**

CNA All shifts available. Apply in person 1162 S. Dora. St. Hire on bonus!

Front Desk/Night Auditor. Apply in person Holiday Inn Express, 1720 N. State St. Ukiah



Cruise On In TO THE CLASSIFIEDS

120 HELP WANTED

DANCEWEAR COMPANY sewing a +, but not nec., will train. PT going to FT. Applications avail 171 Brush St #C 462-1003

Delivery Driver (in our van) for growing Co, M/F 8:30-5:30. $9.25 hr.+med. Raise 90 days. 489-5115

Design Draftsperson for SHN in Willits, CA to work on projects that include land devel., water resources, underground utility layout, grading and drainage. 2yrs + exp. civil drafting & AutoCAD. (EOE) Visit www.shn-engr.com for more info. Email letter of interest and resume to: tbaker@shn-engr.com

Direct Care Work No Experience Needed!!
Morning, evening, graveyard. Drug test required, no test for cannabis, good DMV. Personal care, cooking, cleaning, driving and providing living skills training to adults with developmental disabilities. Three 6 bed group homes, established in 1988. Call for interview 485-5168, 485-0165, 468-0602.

Exp. Maint. Person
F/T position for Comm/Res Prop. Must have own truck/tools. Clean CDL & proof of Ins. Wage DOE. 462-6060

Full/Part time LVN Tired of high case loads? Provide support to 6 adults with Devel. Disabilities in their home and supervise staff. Office 485-5168 Cell 489-0022

IMMEDIATE OPENING for Office Mgr. Full charge, Payroll, PR taxes, payables, bank reconciliations, health insurance, phones, mail. Must be highly exp. in MS Word, Excel and cost acctg. Heavy data entry. 35 hr/wk. Full benefits. Mail resume to 10751-B Main St., Potter Valley 95469 wvms@pacific.net or fax 743-1455

Deputy Probation Officer I/II
Mendocino County II: $3286-3994/Mo. I: $2980-$3623/Mo. To manage caseloads. Req AA in Behavioral Science, Criminal Justice or related. Req Basic Core Course Cert & Penal Code 832 and II: one yr exp. I: six mos exp. Apply immediately to: HR Dept, 579 Low Gap Rd, Ukiah, CA 95482, (707) 463-4261, EOE www.co.mendocino.ca.us/hr

IT ALL ADDS UP
The Ukiah Daily Journal has now partnered with Yahoo! HotJobs to bring you more Ukiah Area jobs at: ukiahdailyjournal.com
The Ukiah DAILY JOURNAL
YAHOO! hotjobs

SUBSCRIBE TODAY! The Ukiah DAILY JOURNAL 707-468-3500

Licensed Vocational Nurse
Hillside Health Center, F/T licensed LVN. Spanish speaking pref. Competitive salary DOE, great benefits! Fax: 468-0793 skenney@mchcinc.org www.mchcinc.org

Mechanic Position
Diesel engine exp. req'd. Welding exp. pref. F/T + benef. Job description & application avail. at 351 Franklin Ave. Willits Or call 707-459-4845

Licensed Vocational Nurse
Little Lake Health Center, F/T licensed LVN. Spanish speaking pref. Competitive salary DOE. Great benefits! Fax: 468-0793 skenney@mchcinc.org www.mchcinc.org

LICENSED NURSES & CNA'S
We have openings on our team. A $1500 hire on bonus is available for full-time LVN's or RN's. Please contact Lakeport Skilled Nursing Center. 263-6101

Medical Assistant
Busy health center seeking med. assist. to work in primary care setting. Cert. MA pref. Salary DOE. Full benefits. Application at 50 Branscomb Rd., Layt. or visit www.longvalley.org Call 984-6137 x 146 for details. Deadline 5 pm 9-28-07. E.O.E.

MOUNTAIN VIEW ASSISTED LIVING (senior housing) NOW HIRING!!!
✔MAINTENANCE
✔CAREGIVERS
✔MED PASSERS
✔COOK P/T
ALL SHIFTS
Drug test & background check required. Wage DOE Apply at 1343 S. Dora St. Ukiah

NCO Head Start - Clearlake
Asst/Associate Tchr I-II - For Subs & future openings. Must have 6 Core CDV units. Assoc. I-II-Must have 12 Core CDV units & 6 mos ECE exp. $8.93-$11.45/hr + bene. DOQ & exp. 30-40 hrs/wk. Must complete NCO appl & include transcripts, 800-606-5550 ext 302 for app & job desc. Closes 5 PM 10/10 (Postmarks not accepted). EOE

NEW EXCITING POSITION WORKING WITH KIDS
6 wks pd vacation
403 B. Small home-like environment, good pay & bens. Starting sal $11.76+ hr. On the job training prov. Flex. F/T, P/T pos. avail.Fax resume to 463-6957

NOC-Shift Caregiver
10:00pm-6:00 am. Wages negotiable.
1343 S. Dora St. 462-6212

On-line Sales
Position for high-traffic web site. This is for an independent commissioned only contractor. Ukiah area, email only: **udjpublisher@pacific.net**

OPTOMETRIC PRACTICE seeks individual who can multi-task for FT assistant pos. Must have exc. communication skills, basic comp. skills, gd hand writing & be a team worker. Send resume to: GPO 102 Scott St, Ukiah

PART -TIME PARALEGAL/legal Assistant with 5+ years experience in civil, probate, and criminal law needed for growing law firm in Ukiah. Excellent communication skills and team identity needed. Must be able to work independently and have a strong knowledge of court rules and procedures. Skills needed include trial preparation, deposition preparation, discovery, subpoenas and responses, document preparation and organization, creating binders, indexing, data entry, filing and general administrative support. Send reply to box 04043, c/o Ukiah Daily Journal, P.O. Box 749, Ukiah, CA 95482-0749.

People to work with developmentally disabled adults one on one in their own home. All Shifts available. **Call Cindy 468-9331**

LIVE IN AID. Light housekeeping, cooking, and general care for ambulatory elderly lady. Private room and bath. Must have clean DMV and pass physical and drug screen upon job offer. Salary negotiable. Send reply to box 02086, c/o Ukiah Daily Journal, P.O. Box 749, Ukiah, CA 95482-0749.

Red Fox Casino NOW HIRING
- Auditor - P/T
- Kitchen
- Tech
- Security,
- Cashiers
- 2 Floor Managers
- Exp. promotions & marketing person.

Friendly attitude helpful. Willing to train. 984-6800 or come in for application. 200 Cahto Dr. Laytonville
●●●●●●●
Now offering employee insurance after 90 days.

RN/LVN, F/T Days and PM shifts. Apply in person 1162 S. Dora. Hire on bonus. See Deana

Round Valley Indian Housing Authority Job Announcement
MANAGER OF FINANCE

Applicant will be responsible for/and maintaining an accounting system that follows the standard accounting practices and assures compliance with all HUD accounting requirements. Performs all accounting functions as assigned; prepares statements and financial reports; must have good oral and written communication skills. Applicant must be knowledgeable of modern bookkeeping/accounting practices and procedures. Applicant must have knowledge of Quickbooks Pro 2007 software. Must be able to use Word and have the ability to type a minimum of 40 wpm. The Manager of Finance will report directly to the Executive Director/Deputy Director.

Applicant must willing to submit and be able to pass a pre-employment drug screening and possess a valid California Driver's License.

This is an offer as a Full time permanent position.

Salary: NEGOTIABLE DOE.

Call Karen Breedlove at (707) 983-6188 ext. 25 for more information and copy of the job description. Submit RVIHA application and resumes to RVIHA PO Box 682, Covelo, and CA 95428.

Applications/resumes will be accepted until 4:00 pm on October 5, 2007.

Indian Preference Title 25, U.S. Code Sections 472 and 473 will be adhered. RVIHA is and Equal Opportunity Employer

Route Driver (in our van) M/F 8:30-5:30. $9.25 hr.+med. Raise 90 days. 984-8166

Security Guard/ Events Staff
$7.50 hr. DOE 463-1733

SERVICE STATION
Attendant - PT PU application at 8551 East Rd. R.V.

TELEPHONE CLOSER - You can earn $1000 to $3000 a day. For pros only. 1-845-350-4058

UKIAH & LKPT. print & copy centers needed **EXPERIENCED.** Cust serv & sales reps, digital press/ copy mach. & bindery oper's. F/T perm. $10+ DOE. 759 S. State, fax 468-5763

TLC Child & Family Services
seeks 2 additional homes for Shelter Care program Applicants need to have at least 1 spare bdrm to house a child for up to 30 days. Guaranteed monthly allotment. Generous increase upon placement. Income tax-exempt. Exp. with children req. Parents will receive training, + Social Worker, in-home support & respite. Need 1 or 2-parent homes, with 1 parent home full time. Home with no more than 1 biological child considered. Retirees invited to apply. **Contact TLC 707-463-1100 Lic#236800809**

TRINITY YOUTH SERVICES Child Care
Swing & graveyard shifts available. Starting $9.40 per hr. On call $9 per hr. Qualif. 21 years old, Med. & drug exam, T.B. test, criminal background check. Great benefit pkg. **Apply 915 W. Church St. Ukiah 95482**

Ukiah Daily Journal
590 S. School St.
P/T to possible F/T. Customer Service Rep.
Must have clean DMV. Apply in person Circulation Dept.

Ukiah Food Bank
Manager. Perform Admin & Operational duties Sal DOE. For job description & app. Chris at 462-8879. Deadline Oct. 8th.

Ukiah residential childrens facility
is looking for caring, responsible individuals to come join our team. Some exp. preferred but not necessary. Will provide on the job training. Starting sal. $12.12 hr. 403B, great benefits & vacation package. **Fax resume to 463-6957**

UUSD seeks experienced **Baseball Coaches**. Two positions available, **JV** ($2600) **and FROSH** ($2,200) dependent upon qualifications. Must be certified in CPR & 1st aid; fingerprint & TB clearance req'd. Apply w/Personnel, UUSD, 925 N. State St., 463-5208. EEO

Work in Ukiah!
$14.00 per hour starts Sun. 9/30 8 PM Merchandising Reset Project. Prev exp in construction, or carpentry a plus. Call today! 714 572-3215

YOUTH WORKER/ SR YOUTH WORKER: Willits. Provide crisis counseling, school based activities, referrals, parent education/ support. Work closely with schools. 35 hrs/wk. Benefited. Job description/application: Mendocino County Youth Project, 463-4915

200 SERVICES OFFERED

EXPERT CARPENTRY, Reasonable rates 468-5937

Gardening cleanup, pruning, & consulting. Jen 485-5363. Salt Hollow Flower Farm

215 BUSINESSES FOR SALE

3 STATION SALON
Illness forces sale. $10,000 incl. equipment. 463-2940
1671 Talmage Rd.

250 BUSINESS RENTALS

LEE KRAEMER
Real Estate Broker

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1300+/- sq. ft. w/pkg.

BRAND NEW! BUILD TO SUIT
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Hi-traffic loc. Ofc. Ste
1600+/- sq. ft. w/pkg.

MED. OFFICE or RETAIL
South Orchard
3400+/- sq. ft. w/pkng
468-8951

Lg. 2 story new office building. S. State St. & Main St. frontage. $2200/mo.+dep. **NCR 468-9101**

OFFICE SPACE
206 Mason St. available 462-6377

OFFICE SPACE.
202 W. Perkins. $330/mo. 272-7388

Warehouse S. Ukiah
1250 sq', lg. fenced yard, with office, 220V, clean. No automotive. $650 + Sec. 462-8273

Workshop/Warehouse.
900 sf, $1000/mo + dep. S. State St. **NCR 468-9101**

300 APARTMENTS UNFURNISHED

1BA N Oak St.
Water, gas. N.S., N.P. $700 + dep. 463-3977

2bdrm 2 ba. townhouse, indoor laundry & garage. **$850/mo.** 489-1812

Calpella - Two 2bdrm $800, One 1bdrm $650. No pets. Credit report & score a must. Close to Elementary school. **485-0841**

LEE KRAEMER PROPERTY MGMT
Spacious 1bd1ba. $750.
POOL, LAUNDRY, CARPORTS
No Section 8. **463-2134**

Lg. Upper 2 Bd. Cln, quiet,165 Oak Manor Ct. Sec. 8 OK, N/S/P. **$775+dep.** 462-2234

Marlene Village Townhomes. Upstairs flat. 2bd. 2ba. w/garage. All appliances. $1075/mo. $700 sec. dep. Avl. now. No pets. 468-5468

NEWER 2 BEDROOM. DW\Garage+pool $850 mo. 463-2325

PARK PLACE
1 bd. $750-$775
2 bdr. $850 TH $950.
Pool/garg. 462-5009

SPACIOUS
2bd1ba. No pets, water, garbage paid. 462-8600

Spacious 2bd. Pool. H20, trash pd. $825. Also 1bd. $700. Ht. AC Pd. N/P. 462-6075

WESTSIDE
Lg. 2bd/1ba. Upstairs Quiet/clean + AC. Exc. area. $925+ dep. N/S/P. 621-1936

330 HOMES FOR RENT

1101 N. OAK ST
3bd/2ba Kit, Living rm, $1400/mo., $1500 dep. + util. 468-5435

1BD/1BA UTILITIES INCLUDED
$775/mo. 1st, last & dep. 468-5237

1BD1BA, YARD
103 Leslie St.-Ukiah $800mo.+$1000 dep. No/S/P/D/Sec. 8. 462-6648

1bdrm 1bth, cust. remodel, sm office, No S/P. $1200. Nice yd. Rdwd Vly. **485-0104**

2bd 2ba. Redwood Valley, carport. W/D HU. N/S, pets considered. Beautiful views. $1400. 485-7390

2bd. 1ba. Near golf course. $1250.No Smoke, drugs, pets. 462-7615 367-4373

2bdrm, 1bth house. No S/P. $900/Mo. Fenced yd. Forced heat/air. **485-1520**

3BD/1BA on Orchard Ave. $1250/mo. $2000 sec. dep. 463-0354 7am-9pm only

3BD/2BA Sm front/back yard. W/D. NS $1500/mo + dep., gd credit. Avail 10/1 462-7116 lv msg

3bdrm 2bth, like new on 1 ac. fenced. $1400 + sec. dep. Rdwd Vly. 485-8462

3BDRM 3 BATH & office. $1800. 462-7615 or 367-4373

3bdrm. 2 ba.
Completely remodeled house in Ukiah. Crown molding, wood floors, fireplace, central heat & air, big yard, garage.No smoking.Available 9/29.
$1550/mo. + sec. dep.
468-5770

3bdrm.2ba. Only $566/mo. 5% down. 20 yrs. @ 8%apr. For listings 800-749-7901 ext. S622

3bdrm.2ba. Only $566/mo. 5% down. 20 yrs. @ 8%apr. For listings 800-749-7901 ext. S622

CUTE & CLEAN
1BD in Lucern. Rm to park boat. NS/NP. $695/mo. 707-326-6323

WestSide-2 Homes
#1-Carriage House
Beautifully restored. Myriad upgrades.
#2-Upscale Beauty
Bdrm. suite/2 bth
Both: Quiet, Grges
Pristine & Spacious
No Pts/Sm 468-9003

370 WANTED TO RENT

PT female student & 1 good dog with references seeking peaceful dwelling with reasonable rent or rent/work exchange. Exp. with gardening, landscaping, home and property maintenance, computers, animals, (love animals). Incl. horses. Hardworking & versatile. 743-1959

380 WANTED TO SHARE RENT

C/S rooms avail. Utils. incl. $500/mo. Centrally located 490-7157

440 FURNITURE

7' SOFA MATCHING club chair & ottoman $375 obo 463-3749 Moving, must sell!

ANTIQUES DINNING SET, Love seat, recliner, dressers, etc. 462-3299

Lazyboy loveseat tan w/hidabed ex. cond 300.00 (cost 750.00) 463-2047

Sofa & Love Seat. Beige tone. Good condition. Reversible back cushions w/ pillows. $400 obo. 485-5389

450 WANTED TO BUY

We recycle & pay for brass, stainless, alum., radiators, **TODAY** batteries $2 & up. Copper $2lb 467-1959

460 APPLIANCES

1950'S WEDGE WOOD STOVE
propane, 4 burners, griddle, oven w/window, broiler $375 456-9406

USED APPLIANCES & FURNITURE.
Guaranteed. 485-1216

WASHER & DRYER
Must sell, both in good condition $100 both 462-0520

480 MISC. FOR SALE

100 GAL FISH TANK.
Acrylic, almost new, 5' long tank w/cabinet, blt in filtration sys., gravel, 7 discus fish, multiple cat fish, plants, PH monitors, thermometers, pump, heaters, lights, nets, tools, food, books, everything you need to set up a tank in your home. Purchase prices was $1500. Location Ukiah. Will need to be picked up. **$525.** 621-2626

Bernina Artista sewing & embroidery machine. Premo cond. Extras. $2200. Spark stove $1300. 467-9281

Cert. organic top soil. $7 yard. **Cert**. organic canning tomatoes. $1 lb. 485-0487

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Madrone wholesale. **707-354-4394**

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500 PETS & SUPPLIES

3.5 mo. old male brindle Pitbull $25. Had Shots. 485-0856

Cockapoo & Silver Poodle Pups. $300. Call 463-0551 or 272-7798

Free to good home
Male mix dog 4yrs old. 707.468.5409

MCNAB/RAT TERRIER
1m 1yr old, Free 462-1652

Registered Decker Rat Terrier pups
F- $250, M/$200. Call for more info: 707.468.5409 jtmilligan@sbcglobal.net

510 LIVESTOCK

Dairy quality **alfalfa** $13 bale. Local Delv. **Weaner pigs.** $60ea Ready 10/10. 485-0487

DUROC FEEDER PIGS championship lines $90 ea. call Dr. Barr 489-0131

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$850	Duplex, 2 bedroom, garage, small pet neg.
$875	Bring your horse or dog, cute and clean
$900	Hopland, 2 bedroom, like new

Homes

$1250	3 Bed, 2 bath, garage, new carpet/paint/ appliances
$1400	Brand new, 2 bed, 2 bath
$1500	Country Setting, low maintenance
$1650	4 bed, 2 bath, fresh paint, yard, 2 story

All rents subject to discount for timely payment!

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320 S. State Street
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590 GARAGE SALES

Antiques, Blueware, collectibles. 1991 Fern Canyon Dr. Off Old River Rd. Talmage.**Fri. & Sat. 10-5**

FREE GARAGE SALE SIGNS. Realty World Selzer Realty. 350 E. Gobbi

GARAGE SALE
1931 Mohawk Trl off of West Rd Sept. 28, 29, 30 8-4 Furniture, jewelry, Playstation 2, X-Box, collectibles, power tools, radial arm saw 12" 220, boys clths, lots more!

GIANT PARKING LOT SALE
Sat. 9/29 8-Noon
750 Yosemite Dr.
(Behind Burger King)
Can foods, dry foods, tools, building supplies, emergency food packages, tents, sleeping bags, blankets, etc.
ALL NEW, priced to sell.

Huge! Oak furn., kids bump & jump, blding materials, tools, rare neon sign, lots of misc. Fri. & Sat. 8-?
444 McPeak St.

PRE HOLIDAY SALE Fine Art & crafts. Sept 29 & 30 9-4 469 Plum St

Sat. & Sun. 8-?
568 Empire Dr.
Quality Items
Elephant Collection

Sat. 10-3
Cheap to expensive
Odd assortment.
1341 Chateau Place (El Dorado Estates.

Sat. 9-4 & Sun 9-1. Childrens, baby, adult clthing, toys, furn., tile light fixtures, doors, misc.
240 Washo Dr. Uk.

Sat. only! 8-3
30 B
Meadowbrook Dr.
Ukiah.

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Warehouse Sale
Antiques, imports, furn. & clothing, & more. Too much to list. **Carousel Industrial Park Sp. 25. 7am-3pm. Sat.**

Yard Sale at St. Mary's Church 900 S. Oak St. Sat. Sep. 29 9am-12noon

YARD SALE
595 Leslie St Sat & Sun 9-4 clothes, diving gear, like new ladies jeans 5-12, misc hsehld itms

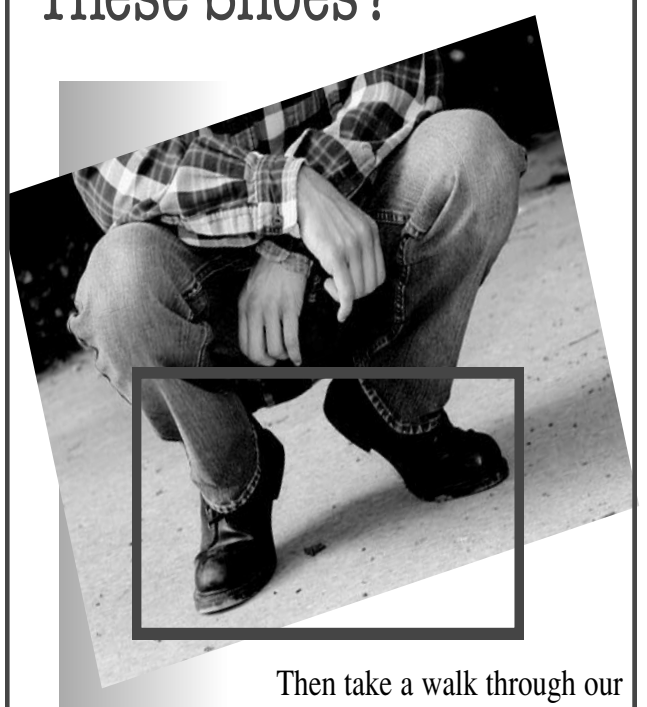
YARD SALE 7899 Uva Dr 9-2 Sat only. '30's table & chairs, dresser, desk, 15'x20' carpet, collectibles, misc.

Yard Sale Fri. Sat & Sun 9-3 400 Wabash. dining tbl, chrs, cd's, clths, misc etc

Yard Sale Fri 9-1 Sat 8-11 kids and adult clothes, toys, and more, 1395 Yokayo Dr.

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2004 Wells Cargo 6x12 Tote Wagon utility trailer. Rear ramp & curb side door. $ 3,000. 707-748-0707 or 707-319-1006.

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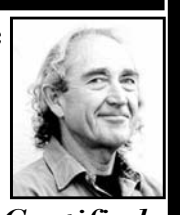
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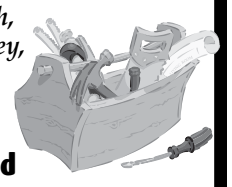
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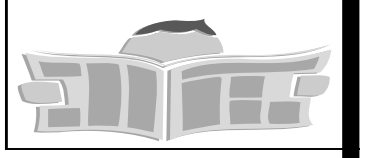
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The Ukiah DAILY JOURNAL

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The Ukiah Daily Journal publishes home improvement and construction advertisements from companies and individuals who have been licensed by the State of California. We also publish advertisements from unlicensed companies and individuals.

All licensed contractors are required by State Law to list their license number in advertisements offering their services. The law also states contractors performing work of improvements totaling $500 or more must be licensed by the State of California.

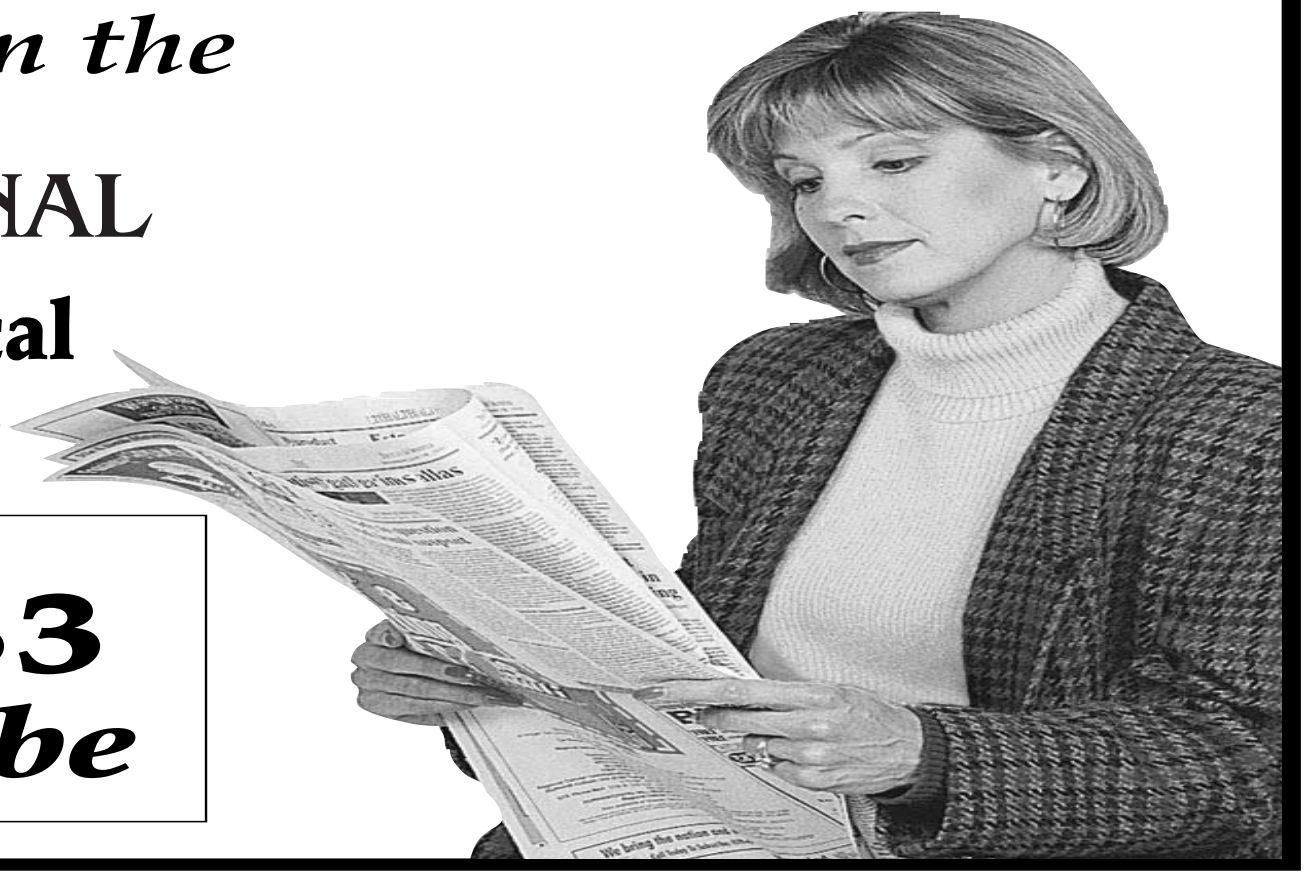
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#162081



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5 spd man.



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New 2007 Tundra 2WD Crew Max 5.7L

#462344



LEASE $349.00 per month plus tax

$2,995 due @ lease signing. Includes 0 security deposit, plus tax, 1st month payment, 1st year DMV. On approval of credit through TFS with 690 FICA Score or Above, Tier + I, or, Tier I. 36 month closed end lease. Lessee responsible at lease end for mileage over 12,000 miles per year, 15¢ per mile. Residual $18,317. Not all buyers will qualify. Call dealer for details.

New 2007 Prius

#287771



60 mpg/city

Sale Price $22,992

New 2007 FJ Cruiser 4WD V6

5 spd auto.

#096723



MSRP $28,134
Thurston Discount ... $2,139

21 mpg/hwy

Net Price $25,995

AN AMERICAN REVOLUTION

New 2007 Silverado Crew Cab 2WD WT

$5,500 In Savings!

or get 0.0% financing for 60 mos. in lieu of rebates!



#536622

MSRP $28,955
GM Consumer Cash $3,500
Thurston Discount $2,000

21 mpg/hwy

Net Price $23,455

New 2006 Monte Carlo SS Coupe

or get 0.0% financing for 60 mos. in lieu of rebates!

#344106



MSRP $30,145
GM Consumer Cash $2,000
Bonus Cash $1,000
Thurston Discount $1,395

28 mpg/hwy

$4,395 In Savings!

Net Price $25,750

All 2007 Silverado 1500 Crew Cabs

0.0%* For up to 60 Months or $3500 in rebates

New 2007 Silverado Crew Cab 4WD LTI

$5,500 In Savings!

or get 0.0% financing for 60 mos. in lieu of rebates!



#580707

MSRP $33,389
GM Consumer Cash $3,500
Thurston Discount $2,000

19 mpg/hwy

Net Price $27,889

New 2006 Uplander Van

or get 0.0% financing for 60 mos. in lieu of rebates!

#165000

30 mpg/hwy



MSRP $29,480
GM Consumer Cash $2,000
Bonus Cash $1,000
Thurston Discount $2,800

$5,800 In Savings!

Net Price $23,680

USED CAR CLEARANCE ZONE

2006 Chevy Cobalt #611555 Prior Rental $11,991	2003 Hummer H2 #146741 Go Everywhere! $34,994	2006 Ford Taurus #126263 Prior Rental $12,758	2004 Dodge Neon #583577 Prior Rental $7,999	2005 Chevy Trailblazer #388617 Low Miles $18,998	2006 Chrysler Sebring #102635 Prior Rental $12,503	2006 Mazda 6s #M22540 Prior Rental $17,863	2005 Honda Civic Hybrid #012044 Go Green! $18,485	2006 Buick LaCrosse 141550 Prior Rental $15,995	2005 Ford Focus #230386 Prior Rental $9,999	2006 BMW 330i #R79046 Stylin! $33,993	2005 Dodge Magnum #119940 RT! $20,990
2004 GMC Sierra #126353 Affordable! $15,595	2006 Chevy Trailblazer #101214 4WD! $21,991	2007 Chevy Silverado #145773 Prior Rental $25,995	2004 Toyota Prius #017614 Hybrid! $14,466	2006 Toyota Matrix #596345 Prior Rental $16,945	2005 Ford Focus #257839 Prior Rental $9,999	2004 Dodge Dakota #509310 Crew Cab! $15,976	2006 Mazda 3s #502202 Prior Rental $17,208	2007 Pontiac GrandPrix #106921 Prior Rental $15,971	2007 Chevy Silverado #152014 Prior Rental $21,919	2005 Toyota Camry #059610 Prior Rental $16,454	2006 Dodge Durango #150242 Prior Rental $19,999

THURSTON AUTO PLAZA

*0.0% for 60 months is on approval of credit through GMAC on all new 2007 1500 Silverado Crew cab models only. Other financing and rebates cannot be combined. $16.67 per $1000 financed. Call dealer for details. All vehicles subject to prior sale. All prices plus government fees and taxes any finance charges and any dealer document preparation charge of $55, and any emissions testing charge and CA tire fee. Sale ends 9/30/07.

TOYOTA CHEVROLET SCION

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CUDL